

Our Vision: A community where people can flourish and prosper

North News hits

o, it's not our 50th birthday here at North News – that'd be a bit strange seeing as the Association is only in its 41st year - but rather, this edition is incredibly our 50th in our 14 years of providing you with the news across North Glasgow.

Inside, we take this chance to reflect on the stories and features we have reported on during this time - which includes some of the biggest and most important in the Association's history.

Enjoy this special edition, and we'd like to take this chance to say thanks for all your support over the last 50 editions. We'd have never reached 50 without you!



Tenants' Conference "All about You"



CSE

ISSUE 50

Tenants deep in discussion at the Conference

g homes put YOU at the centre of things at our 2017 Tenants Conference held in Saracen House at the end of March.

The event is about gathering information on what our tenants think. From finding out about your views on a range of matters including getting feedback on repairs, customer service and rents. The Tenants' Conference is a great chance to let us know what's important to you. The event also had a range of exhibition stalls, speakers and special guests, and judging by the great response, tenants were delighted to be involved with the conference.

"The Tenants' Conference is a great chance for us to meet face to face with our tenants and find out what's on their minds", said CEO Robert Tamburrini. "But it's also a great chance to familiarise ourselves with tenants and open up communications between our tenants and ng homes"

Representatives from Glasgow Science Centre spoke about "Food and the Future", running a stall showcasing some high protein insect snacks! North Glasgow Healthy Living Community gave a presentation on healthy eating, offering advice and support for those who want to make more healthy choices. Citrus energy, ng homes' own Margaret Fraser and TPAS Scotland's Tony Kelly also gave a range of informative presentations.

The programme was rounded off by TPAS Scotland's CEO Lesley Baird giving an insightful tenant scrutiny workshop before a local Chinese Tai Chi expert took to the stage to show the tenants two Tai Chi routines and



Ronier Deumeni (African Challenge Scotland), STV Weatherman Sean Batty and ng homes' CEO Robert Tamburrini pose with ng homes' Board Members Bill Rossine and Margaret Thomson at the Conference



The programme for the Tenants' Conference focused on a range of issues which directly affect tenants, following our "All About You" theme.

introduce them to this relaxing therapy and art.

Popular TV Weatherman Sean Batty then hosted an interactive quiz on ng homes' services and posed for pictures with delighted tenants.

Following on from the success of this year's conference, we're eager to set up the programme for the next one. Just get in touch if you have any suggestions, and we'll let you know when it's likely to be taking place.

Lynne Cooper, ng homes Assistant Director (Housing Services) speaks at the Tenants Conference





North News throughout the years P4-5



GCU opportunities for ng homes tenants P17

University for the Common Good

Chief Executive's Message

nother three months on and another edition of the North News goes out to all our tenants, but this special 50th edition is one somewhat tinged with sadness.

Normally we would take this time to reflect on how far we've come over the course of the newsletter, but in the wake of the tragedy of Grenfell Tower in London, it's been a chance to reflect on our determination to protect the health and safety of our tenants.

It's with great pride that we recognise the incredible work of staff within the organisation in putting health and safety at the forefront of our Association. This is from the top down – from our offices to our multistoreys – and it is paramount to our operation.

We will continue to ensure the safety of tenants and involve them in the decision making process, offering complete transparency when it comes to your homes. More than that, we will invest and consult on the needs of tenants where it is needed to ensure people's health and safety, as we always have.

Having Multi-Storey Flats of our own, the events which unfolded that day has moved us all at ng homes, and of course, we feel for everyone involved in the tragedy, something which we're sure is echoed throughout the North Glasgow Community. Special mention too must go to our exceptional emergency services, who consistently and without question go above and beyond in our name, far too often in the face of danger.

By working together and establishing potential hazards, tragedies such as this can be avoided, and at it is during times like these we must listen and respond to the concerns of our tenants.



ng homes CEO Robert Tamburrini

Robert Tamburrini

Robert Tamburrini Chief Executive, ng homes

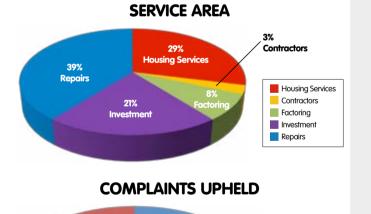
Comments, Compliments & Complaints

We know we are not perfect however we are striving to achieve excellence in all aspects of customer service. We recognise that from time to time some things can go wrong, we're only human after all, but our aim is to rectify things quickly and effectively, and permanently improve our service in the process.

Number of complaints responded to in the period = 38

82% of complaints were responded to within our target timescales

Complaints January 2017 – March 2017



For every complaint, we're proud to have a host of compliments and commendations from our tenants across North Glasgow. Here's just some them below.

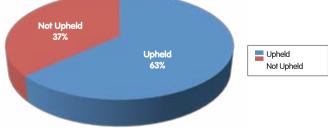


Have your say on Multi-Storey Safety

s part of our ongoing dedication to health and safety, ng homes have invested in making sure we protect both staff and tenants at work and home. This includes employing a full-time professionally qualified Health and Safety Officer to support and advise the business.

We also work closely with the Scottish Fire and Rescue Service (SFRS) to ensure that we maintain our high level of focus on fire safety – you'll see something on this in every edition of North News. To ensure this happens, we have had a Fire and Home Safety Officer seconded from the SFRS to work with our tenants and the community over the last 18 months. Continuing this, and in light of the recent tragic fire at Grenfell Tower in Kensington, London, the ng homes Board are encouraging the establishment of a Multi-Storey Flat Tenant Scrutiny Panel (TSP) specifically for health and safety in our high-rise buildings. We want to promote conversation and establish a clear route to inform us of any concerns or issues that tenants see in the buildings – tenants are best placed to do this.

The TSP members would be drawn from each of our 14 multi-storey blocks and will receive appropriate awareness training and support. The TSP would receive performance, inspection and actual test reports provided to ng homes to assess compliance with its statutory obligations and regular risk assessments. The Board would encourage the TSP to have independent advisors on health and safety issues alongside suggesting general aspects of the conduct of the panel.



Our Complaints Handling Procedure was developed by the

Scottish Public Services Ombudsman in partnership with the housing sector. A guide to our complaints procedure is available at our offices or you can phone us and ask us to

send you one out.

Any tenant who lives in the multi storey blocks who would like to be involved should contact their housing Officer in the first instance.

SECTION GUIDE:



Agnes Adams: ng homes tenant for 50 years

gnes Adams has seen some changes over the last 50 years in North Glasgow, but one things always remained the same - her house and home.

For almost 50 years Agnes has been a resident at the Multi-Storey Flats at Balgrayhill Rd, and although things have changed dramatically over the years, she's just as happy now as when she first got the keys way back in 1968.

"I'm happy in my house, I've always liked it here", she says, "Multi-Storey Flats were a whole new thing in Glasgow at the time. I moved from a house that had a toilet out in the landing to move into a house that had a bathroom, and let me tell you, that was just fantastic!"

Before Agnes moved into the

Ballgrayhill she stayed in an old style tenement building, which was just a room and a kitchen, and which of course had a shared toilet.

Springburn born and bred, she can remember when then Labour Prime Minister Harold Wilson came to officially recognise the 150,000th council house being a part of the Multi-Storey Flats at Balgrayhill Rd - a sign of just how important that particular block was and still is, but that doesn't mean they haven't had their troubles.

"We had to fight to get a bus to come up the hill - for the first 5 or 6 years we didn't have any transport," she said. "For a long time we also ran our own blocks of flats. The Council gave the tenants committee so much money a year for the flats, a lump sum, and it was up to us how the money

was spent. To get a house here you had to have someone to sponsor you. The flats used to be owned by Glasgow City Council and were starting to get run down. We had a meeting with the Council and it was agreed that we could run our own 4 blocks. It picked up after that."

Agnes was also full of praise for the job that ng homes have done in the area, including renovating and working on the buildings to maximise the potential of the blocks.

"Since ng homes took it over they've done an awful lot of work to the building and they're really kept immaculate. The staff do a marvellous job."

As Agnes approaches 50 years in the flat, we can reflect on how things have changed for the better around

Balgrayhill Road and also look towards the future. We remain committed to providing an excellent service to all of our tenants for many years to come.

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The plaque commemorating PM Harold Wilson's visit to the Balgrayhill Flats



Agnes is all smiles as she reaches 50 years in her flat

Springburn Winter Gardens is being restored, 30 years on



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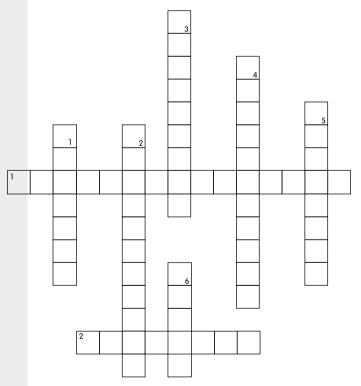
ne of North Glasgow's most popular and iconic buildings is all set to be restored after becoming vacant and derelict for the last 34 years.

Gifted to the City in 1900 and funded by North Glasgow locomotive industrialist James Reid, the Springburn Winter Gardens was

chosen by local people. The competition was supported by ng homes with our local office hosting the ballot alongside a host of local buildings, helping to pull in 324 votes towards the total number of votes cast. The winning design was by James Hand and Nik Klahare, and all the designs where exhibited

North Glasgow Crossword

The clue is in the mag...



constructed by Simpson and Farmer, and stood for years as one of Glasgow's biggest attractions and one of the most culturally and architecturally important buildings in the city.

The restoration work entered its next stage of development in December 2016.

Supported by Springburn Winter Gardens Trust, Glasgow City Council and specialist contractors Covanburn.

Way back in 2014 and as part of the restoration work, the Glasgow Institute of Architects launched a design competition entitled "An intervention at Springburn Winter Gardens; to provide a place where people can gather and share collective memories". The competition resulted in 25 entries with the final five being voted on and a winner

on general display at The Lighthouse building in Glasgow from late January to early March in 2015.

CEO Robert Tamburrini said "We were delighted to be part of the design competition and to give our customers the opportunity to vote for their favourite design in our offices. We engage with a range of community groups across North Glasgow and where we can, we will continue to support the endeavours of Springburn Winter Gardens Trust in their aim to fully restore the historic building in Springburn Park."

We're delighted to endorse the amazing work being done by the Trust in bringing one of North Glasgow's most loved attractions back into full use.

Across

- The other ng homes' indoor 1. carpet bowls team
- Initiative which uses Rugby as a creative engagement tool

Down

- 1. Financial Advice & Support Body
- 2. ng homes' Energy Efficiency Officer
- Who hosted our 3. intergenerational event?
- One of ng homes indoor 4 carpet bowls teams
- 5 ng homes' Chairperson
- How many North News 6. editions has there been?



WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VIS WHAT'S HAPPENIng

NORTH NEWS

NORTH NEWS 1 – NORTH NEWS LAUNCHES

The inaugural issue of North News goes out to our tenants. The first edition was launched over 14 years ago in spring 2003 and only had four pages (we've got six times as much now!). We launched with a front page story on customer and tenant satisfaction levels with our service – a massive 96%! We had stories on a tenant getting an alarm fitted, our bingo at Kemp St, a feature on a local man making a difference – our very own Bill Rossine – and someone who won a competition for, believe it or not, a DVD player. We were still under the moniker of North Glasgow Housing Association, Tony Blair was Prime Minister and Gareth Gates and David Sneddon were top of the pop charts. What a time to be alive!



NORTH NEWS 3 - NEW HOMES AT KILLEARN ST

It was the Autumn of 2003, and we'd moved tenants into 17 new houses on Killearn St, bringing the total number of new and refurbished properties in Keppoch to 102. We were still finding our feet as a mag, but you could tell we were enjoying it. We wrote about opening the Carron Sheltered Housing complex, profiled our new developments and had an in-depth interview with then Chair David Cowan. Partick Thistle fans were still getting to grips with relegation from the Scottish Premier League as their team kicked off the new campaign in Scottish Division One, now the Scottish Championship.



NORTH NEWS 13 – PETERSHILL STADIUM KICKS OFF

As we comfortably settled into double figures, the Summer of 2006 was well under way. Germany were hosting a World Cup, and as their stadia were rocking, we had our own little stadium project back home. We began construction of the £6m Petershill Stadium project. Petershill Park is used for some of our regeneration activities and is the home of Petershill FC. It's one of our proudest achievements and we were delighted to be a part of it. This edition also covered a £5m investment in our Carron homes and plans for the development of the Red Road area. By now we'd reached 12 pages.

NORTH NEWS 22 -NEW HOMES FOR FERNBANK STREET



£5.6m stadium

is on target

for next year

rom he top

NORTH NEWS 7 - FIRST HOUSING ASSOCIATION IN SCOTLAND TO RECEIVE CHARTER MARK RECOGNITION

By edition 7, we were getting into the swing of this newspaper thing. It was the winter of 2004, our design had evolved, and we'd even doubled the amount of pages to eight. In this edition we celebrated being the FIRST Housing Association in Scotland to attain the Charter Mark recognition – the highest award available for public service excellence! And well deserved too! We looked at an elderly couple



who moved out of their tenement flat of 40 years to a new house and home, winter safety tips and celebrated David Cowan, former chair of the Association for being a finalist in the Scottish Housing Committee Member Award. Fun fact for this issue: this was the year the EU welcomed 10 new countries into membership.

NORTH NEWS 18 - NGHA TURNS 30

They say life begins at 30, and although we did plenty of living beforehand, we think they might be right. In this edition, we celebrated turning the big 3-0 and reflected on our glitzy fundraising and celebration event at Kelvingrove Art Gallery & Museum. At the event, we helped to raise £5000 for the community fund for sports in the city and presented it to the Lord Provost of Glasgow. We also reflected on the successes of 2006, looked at our tenement and multi-storey flat regeneration and had a guest columnist - none other than our current First Minister, Nicola Sturgeon.



In winter 2008 work began on the £4.2million Fernbank Street Development, which created 32 new homes. The front cover also saw Nicola Sturgeon feature again as she spoke at the PATH Scotland 20th anniversary celebrations. In this edition we celebrated Donna Cassells amazing contribution to the Association as she retired, looked at the 40 new families who moved into ng homes' Elmvale Phase One development. We also looked at Kofi Ampofo-Asare's route to success with the Association through PATH



Scotland. Although 2008 is remembered for the recession and financial crash, some good things still came out of it. Think Usain Bolt breaking the World record and the Large Hadron Collider being fired up in Switzerland. The wonderful Hallelujah was also number one, thanks to Alexandra Burke.

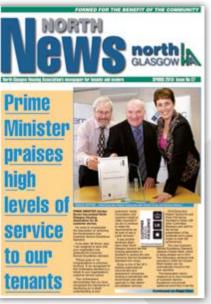
29 NORTH **news**

SIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST WHAT'S HAPPENIng

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NORTH NEWS 27 – PM CONGRATULATES NORTH GLASGOW HOUSING ASSOCIATION

This was a big one. The Prime Minister at the time was Labour's Gordon Brown, and he wrote to the Association to praise our exceptionally high levels of customer service. Over the course of the last 50 editions of North News, and our 41 years in general, we're proud of the emphasis we've placed on serving our customers – that's mainly our tenants and residents. By this time it's spring 2010, and as we waved goodbye to the noughties, there was renewed optimism in Europe following bail-out packages galore, and the World was gearing up for the South African Football World Cup. In this edition, we also covered the progress of the stock transfer process



and the opening of Elmvale Phase Two, which included 950 houses.

NORTH NEWS 34 -AWARDED LARGE **HOUSING ASSOCIATION** OF THE YEAR, AND WE **BECOME ng homes**

This was our first edition under the new name of ng homes, and with a fresh rebrand came fresh ideas and design. We celebrated winning the Large Housing Association of the Year award across the entire UK at the CIH UK housing awards, an amazing achievement by the Board and the staff here. The rest of the edition looked at our extensive regeneration programme, the plans for the

demolition of the Red Road flats and an update on the Carron facelift. All in all, this was a great way to sign off 2011.

NORTH NEWS 42 -NATIONAL GOOD **PRACTICE AWARD FOR** ng homes



NORTH NEWS 30 – TENANTS BACK STOCK TRANSFER Back when the stock transfer took

place in 2011, our organisation nearly doubled in housing stock and staff. In this winter of 2010 edition, we were delighted to announce the overwhelming support of GHA tenants when asked if they'd like to transfer to us, and that support continues to this day. As Christmas rolled round, Matt Cardle was top of the pops and we all got ready for a massive 2011. By now, we'd had a noticeable change in design, and, we had a special section dedicated to what was our 30th edition! Who'd have thought we'd get through another 20 so fast?

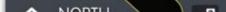


NORTH NEWS 41 – COMMONWEALTH IN **GLASGOW**

What a summer this was. Glasgow was bouncing as the Commonwealth Games came to the city and everyone did their best to get involved. We ran plenty of workshops and engaged with tenants to bring them closer to the Games and be a part of them. We also wanted to leave that much talked about "Legacy of Sport" in North Glasgow. This edition also looked at the opening of Saracen House on Saracen St in Possilpark, with over 100 guests attending a special event. In terms of news, 2014, included the now infamous missing Malaysian Airways flight and the controversial Sochi Winter Olympics was being planned.



NORTH NEWS 49 – CHINESE NEW YEAR (MOST RECENT)



As we reached the end of 2014, the next edition focused on yet another accolade for ng homes – this time a **TPAS Scotland National Good Practice** Award for Best Practice in Developing Communities. We also covered our 2014 Tenants' Conference and for the first time reached 16 pages. We looked at the Winter Gardens Competition Winner, something which is now being put into place in 2017, and we got ready to move into 2015. We reflected



NORTH



on what was a massive year for ng homes, and looked forward to the wealth of possibilities for the future.

 Our latest edition. Well, except for this one. We reached 49 this spring with a whole host of stories on our community and regeneration projects, the four awards we'd won in between this particular edition and the last as well as more stories than ever before about what our tenants and residents have been up to. We want to keep breathing new life into the content that comes into North News, and we want our readers to help contribute. It's you who we do all this for after all...







COMMUNITY CHOICES PROJECT Your Voice Young Choice'

North Glasgow youngsters lead the way in £60,000 grant funding



Young people across North Glasgow came together to develop projects, present them to the community and help decide which should be allocated funding as part of an inspiring local initiative.

Supported by the Scottish Government's Community Choices Fund and led by Space Unlimited and ng homes, the "Your Voice Young Choice" project put the decision-making responsibility in the hands of thirty seven 10-16 year olds, who dreamed up concepts and projects which could promote positive change and social inclusion in their communities.

This was overseen by a support process which identified specific themes that the youngsters could develop and allocate funding too.

Projects included creative spaces, athletic and sports clubs, gardening and food workshops, music, drama and arts clubs, even a young Following a Community Dialogue event on 1st March in Saracen House, where local adults and organisations met with the young people to discuss their ideas and help progress them, the ideas where then showcased at a Community Choices budgeting event on 28th March in Springburn Academy.

A total of 600 votes were cast over eleven projects and three voting sessions which resulted in a total of almost £60,000 in grants being allocated. People from across the community attended, including representatives of the Scottish Government and key community influencers.

The most popular project and the one which received the largest amount of grant funding was The Climb Up, a hillwalking club providing equipment and qualified guides to get you out and about in the glorious Scottish hills.

Gill Gracie, Joint Partnership Manager at Space Unlimited, said: "It's been a pleasure working alongside ng homes and with young people from North Glasgow on this project so far.



Springburn Academy students receive their cheque alongside ng homes' Board Members Richard Porter and John Thorburn

WHO WERE THE BIG WINNERS?

The public got together to decide which of the youngster's ideas received the most money – here are just some of the wonderfully creative concepts that this group of talented young people dreamed up!

The Climb Up

A hill walking club - we will provide equipment and qualified guides to get you out and active in our glorious Scottish Hills Asked for £7,339 Received £7,339 (100%)



Hillwalking initiative The Climb Up was allocated the most funding

Young Stars

A weekend club offering basketball, football, athletics, multi-cultural cooking & dance, games from around the world. Get to know new people and try new things! Asked for $\pounds 9,998$

person's gym! Each of the projects were unique, creative and positive, as the young people learned key motivational, budgeting and leadership skills.

The group was made up of young people from various youth groups and Springburn Academy, with Linda Hamilton, Head Teacher of Springburn Academy saying:

"This has been a fantastic opportunity for some of our young people to work alongside ng homes and Space Unlimited to develop something that will positively impact upon the community in which they live."

"This partnership working has provided a reallife situation for these pupils to actually develop their capacities as effective contributors, successful learners, responsible citizens and confident individuals." "As young people and adults work together to make the ideas happen, the young people's confidence, skills and sense of connection to their community will continue to grow. They'll know that they can really make a difference."

Following the success of the project, a Young Persons' Forum will be established to sustain the interest and involvement of the young people beyond this project and continue to give them a voice in their community

ng homes also want to help young people realise their potential and have input into shaping ng homes' strategy and services for young people in North Glasgow. Received £7,998.40 (80%)

Bouncing Eagles

Trampolining taster sessions followed by the opportunity to join a regular trampolining club in school Asked for £9,564 Received £7,661.20 (80%)





Pitstops graduates have a ball at celebration event

raduates from the Pitstops course got together with family and friends to celebrate their success at a special graduation event at Saracen House on 26th April.

The event celebrated the successes of those who completed the eight week employability and social inclusion programme, which uses rugby as the 'hook' for personal development. On the course, graduates focus on improving their fitness, studying for up to five qualifications, taking part in personal development modules and attending a variety of sessions on physical and mental health, employability and lifestyle improvements.

The event included speeches from ng homes Chair John Fury, Chief Executive Robert Tamburrini and Director of Regeneration John Devine as well as Character Matters' Barry Docherty. The audience also heard from the graduates themselves as three of them, John Mullaney, Peter Kerr and Billy O'Hara bravely stepped up to the podium to give powerful accounts of their experiences on the course.

The evening was attended by ng homes Board members and some of Pitstops project partners, including Allied Vehicles, Character Matters, Jobs and Business Glasgow, Drink Wise Age Well, the Glasgow Alphas RFC and School of Hard Knocks Scotland.

The graduates were invited to comment on their time on the course, with contributions including, 'the best thing that I could have done was to come onto the course' and 'Pitstops has made a great change to my life; it has introduced me to a lot of good people and a sport that I wish I would have done when I was younger and fitter.'



Where are they now?

Ithough their time with Pitstops has ended, it is only the beginning for all of the graduates. Six of the graduates are now in employment, twelve are currently taking part in employability and personal development courses, one has gained a place to study Digital Media at college, one is applying to study Automotive Service and Repair, and six of the group have attended job interviews. The graduates have also kept up with their fitness work by applying for free gym passes with Glasgow Life and joining the running club and touch rugby sessions set up by Pitstops staff.

Eleven Pitstops graduates also experienced the thrill of a lifetime when they were invited by School of Hard Knocks Scotland to play a rugby game against Pigbarians at Murrayfield as part of the Challenge Cup Final celebrations on 12 May. The graduates thoroughly enjoyed playing; for all of them it was an incredible achievement to be picked for the team.

After the game the Pitstops graduates had the opportunity to relax and watch the final between Gloucester and Stade Français from the comfort of the sponsors' box.

Interested in being a part of the next Pitstops group?

As well as currently running a Pitstops course for female participants, Pitstops is also gearing up to change more lives in October 2017 by running a fresh course for male participants. If you are interested or know someone who might be, please get in touch on 0141 630 4254 or through the Facebook and Twitter pages by searching Pitstops Project.



Supporting Ruchill and Possilpark Unsung Local Heroes

kicked off on 10th of February and has been running throughout Feb, March, April and May.

Ehriving Place's Unsung Local Heroes initiative who have carried out a small act of kindness for either yourself or a neighbour. The scheme now has its own dedicated Facebook page, so to keep up to date with winners, nominees and how to nominate, check out https://www.facebook. com/unsunglocalheroes, or contact Community Connector, Alistair Mitchell on amitchell@nghomes. net or 0141 630 425. With the initiative running to September we are currently in the process of engaging local businesses with the scheme to see if they can be gift providers! Watch this space to see which local businesses sign up to recognise our unsung local heroes. We'll also be hosting a small community event in September to recognise the unsung heroes Thriving Places work alongside local people in Ruchill and Possilpark, to support community building and citizen action.



So far we have had 26 nominations from local people living in the area, recognising their neighbours in the community who are just really good citizens! Some of the reasons for nominating have been really heartwarming.

"Helping lonely people by having them up for tea and going shopping with them"

"She often goes out and picks up litter and helps to keep the community clean!"

"They've cooked me dinner and got me out the house when I've been stuck in and couldn't get about"

The scheme is still open and is looking for nominations for people from Ruchill and Possilpark

Some of North Glasgow's Unsung Heroes!



WORK VISIT INVEST LIVE LEARN WORK VISIT INVES

Jingle Bells in summer? EPIC 360 can help you save now for Christmas

Wouldn't it be nice to be one of them? Here are some hints and tips for doing some preparation to ensure the festive season doesn't get on top of you and quickly become an avalanche.

- Decide whether or not to give gifts! -Christmas shouldn't be about obligation or "keeping up appearances". This might be a good time to start deciding if you'd like to tone it down or give less this year or whether you'd even like to opt-out of gift giving altogether.
- How much you can afford? If you do want to give and receive, now is a good time to start planning. How much can you realistically save between now and Christmas? Small changes now can quickly mount up.
- How are you going to save? Will you keep it in a jar, open a separate account or even keep it under the mattress? Planning can help you to feel more in control and less worried and stressed.
- Getting the best deals If you will be buying presents, it's a good time to start thinking about what your budget is and what you will buy for each person. Look out for sales coming up, and deals from sites such as Groupon and



Itison. Summer can even be a good time to find reduced Christmas stock to save you money in December.

- Be generous to yourself at Christmas! Christmas can be a time of joy and happiness but often it can also be hectic, lonely, busy, sad, quiet or stressful. Looking after yourself doesn't have to cost anything and could involve planning what you know you'll need. It's important to look after yourself too!
- Getting some extra support Come along for a chat with Epic 360, we can help you to plan for the festive period. It's easy to book an appointment with one of our Financial Capability Officers, they will be happy to meet you somewhere local to have a non-judgemental chat about managing money.

You can go to our website www.epic360.co.uk and fill in our easy referral form or call us on 0141 630 4324 to set up a free and confidential appointment.

Scotcash

0141 276 0525 www.scotcash.net





£500 over 52 weeks

NORTH **news**

Scotcash Provident Drea

 Dreaming of the summer holidays?
 If you're planning on getting away from it all, don't turn to expensive lenders, why not try Scotcash who are local and can provide more affordable loans to make your holiday even more relaxing.
 We can now process initial applications online and over the phone, call our friendly staff on 0141 276 0525 or visit our website, www.scotcash.net for more info on services. Why are Scotcash loans affordable?

Our affordable credit is just that, affordable. The amount of interest you will pay compared to a home credit lender will be lower.

How flexible are you with repayments?

We collect payments direct from your bank account on a day of your choice. We can even let you take payment holidays, all we ask is that you let us know in advance.

Loan	£500.00	£500.00				
Admin Fee	£30.00	-				
Weekly Repayment	£12.99	£18				
Number of Repayments	52	52				
Total Amount Repayable	£705.28	£936.00				
APR	**113.4%	*299.3%				
Total Saving	£230.72	-				
* Loan featured on www.providentpersonalcredit.com at March 2017 ** Rates may vary (All loans subject to status, terms and conditions apply.)						
121.5% Scotcash Representative APR						

What if I do not have a bank account? We can usually help you to open one. Just explain that you don't have a bank account when you call and we will attend to this matter first with you. For further details, please contact our

main office: 55 High Street | Glasgow | G1 1LX Tel: 0141 276 0525

SIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST ng EVENTS, PROJECTS & INITIATIVES

Community Networking Breakfast continues to flourish

he Community Networking Breakfast meetings hosted by ng homes continue to attract a wide range of partners with an average of 60 attendees each month.

Meetings provide an opportunity for new and existing community partners to meet face to face and learn directly from others about the different range of training programmes, initiatives and partnership opportunities available in North Glasgow.

The aim is to share information about the excellent work taking place locally to strengthen the community and build networks to help make North Glasgow the best possible place to live and work.

The meetings are relaxed and

informal and participants are encouraged to network with a wide range of invited partners about what they have going on and how we can all work together more effectively for the benefit of the community.

"Speaker's corner" provides partners with a five minute slot to profile specific areas of work, events or training opportunities which are of interest to attendees. Leaflets and information on the wide range of community activity supported by ng homes and other organisations is available to uplift at each session.

At this month's event we were joined by Gillian Russell, Director of The Scottish Government's Building Safer Communities (BSC) and a number of the BSC Board Members. Gillian talked about the role of BSC in uniting senior leaders in the ambition for a flourishing, optimistic Scotland.

Over the last few years BSC has supported a number of initiatives in North Glasgow including summer activities for local schoolchildren, Possilpark Winter Festival and the Glasgow University Activate course, delivered in partnership with ng homes.

Gillian Russell commented, "As active members of the community, we know that you are best placed to tell us what your community needs and we are keen to hear your views."

Feedback from participants and Board Members on the effectiveness of the programme has been very positive, with Ms. Russell adding, "It was a great morning and our

Board Members were buzzing with enthusiasm afterwards"

"These events highlight that community development isn't all about money and that it's possible to make meaningful change through drawing on the skills and experience of the people who make up the community."

The range of organisations attending the Community Networking Breakfast is increasing and no two meetings are ever the same. If you would like to come along and hear about other projects and meet other organisations in the North of Glasgow or tell us about your project please contact Simon Farrelly, Community Support Officer, on 0141 560 6000 or sfarrelly@ nghomes.net



Networking Breakfast event in Saracen House



John Devine, ng homes Director of Regeneration with partners, delegates, volunteers and staff at our recent Community Networking Breakfast event in Saracen House

Eat right with North Glasgow **Community Food Initiative**

he North Glasgow Community Food Initiative works closely with community members and groups to empower them to lead healthier lives by delivering practical and sustainable food related activities that improve health and well-being.

"We create a single Project with access to the whole fresh good food circle growing, cooking, choosing, accessing and enjoying fresh food - we call it our Food Hub. We currently have three very active food hubs at Springburn, Milton and Royston. Our "Fruit Barras" sell fresh, affordable fruit and vegetables in a range of accessible venues with sessions staffed by volunteers. Volunteers are at the heart of everything we do, and are involved in all aspects of our organisation. All of our dedicated volunteers receive training including food handling and food hygiene. We also support community members to learn to grow their own fruit and veg. We have a vibrant Community Garden

at Milton, Allotments at Springburn and Hamiltonhill, as well as growing spaces and raised beds in Milton and Royston.

In addition, we run Cooking Classes and Royal Environmental Health Institute of Scotland Accredited courses. Groups learn how to cook healthy meals. Classes are fun, using simple yet tasty recipes.



We run classes for men and women, and for people of all ages, cultures and backgrounds.

Our community cooks will make the activities fun and the food tasty. We supply all the equipment and ingredients and there is always time to taste the food. We host "get-togethers", pop-up cafés and community meals where participants make something tasty for their friends and family."

Where we can't deliver all the elements, we look for partners and promote their opportunities alongside our own. We're proud of the North Glasgow community, and of our ongoing partnership with ng homes.



WORK VISIT INVEST LIVE LEARN WORK VISIT INVES

MSP's support inspires Chinese tenants Scottish Parliament visit – 30 years on!

The support from an MSP to a Chinese family struggling with anti-social behaviour in 1980s Paisley helped inspire a short trip up the M8 for 25 Chinese tenants and attendees of ng homes cultural programmes on the 2nd May 2017.

Sandra White, MSP for Glasgow Kelvin, helped Joy and Ronald Liu in the 1980s after vandalism and anti-social behaviour threatened their fledgling takeaway business. Sandra, who was a councillor in Paisley at the time, supported the couple by referring them to the relevant council bureau, providing much needed hope and support and visiting regularly to give updates.

Joy and Ronald spoke about Sandra's support in an article for the winter edition of the Newsletter for the Chinese Community of Scotland. The editorial group of the newspaper comprises of ng homes' tenants and our ng homes' Cultural Officer, Michael Kam. The newsletter is distributed by email throughout the UK and mainland China. Joy and Ronald said in the newsletter:

"We had all our resources committed to this takeaway and we were annoyed by this anti-social behaviour, which directly threatened our livelihood, because our family relied on the income from this takeaway for survival.

This kind lady (Sandra White) who had her social establishment in Paisley gave us generous help to deal with the anti-social behaviour. Without her involvement, our takeaway business would be on the brink of collapse.

It has been three decades and what she

done for us is still well remembered by all of our family members. All my children have grown up. We retired a few years ago. If we can have the chance, we would like to thank Sandra in person again."

After the article appeared in the newsletter, Michael Kam, ng homes cultural officer, came up with the idea to visit Sandra at the Scottish Parliament to give Joy and Ronald the chance to say thanks.

Supported by ng homes and MSP for Glasgow Maryhill and Springburn, Bob Doris, who has also proposed a parliamentary motion to recognise the activities and work of the North Glasgow Chinese Community, the date was set with Sandra's office.

The visit involved an exclusive tour of the Parliament's chambers, with the group briefed on the history, architecture and politics of the Scottish Parliament. The group were then received by Sandra in the committee room together with Bob Doris MSP and Gil Paterson MSP, who can speak basic Mandarin.

The attendees and the Chinese community were quick to thank the Scottish Parliament and Sandra White MSP for hosting the visit, as well ng homes for supporting the visit and providing the transport to Edinburgh.

Following on from the visit, ng homes, cultural officer Michael Kam received a letter from First Minister Nicola Sturgeon thanking the group for a beautiful bouquet of flowers and a caricature drawn by Michael which now has pride of place in Bute House.



Chinese tenants are welcomed to the Scottish Parliament in May 2017



Sandra White MSP gets reunited with Ronald and Joy Liu during the visit

Friendly Tournament Bowls Over Participants

This is the 2nd time the two friendly rivals have met and their story goes back to 2015 when The Alive and Kicking Project kindly donated some equipment to Inner Circle, enabling the group to begin learning carpet bowls. be able to continue the connection between both teams on a regular basis" Inner Circle meet on a Monday between 2pm and 4pm and on a Thursday between noon and 3pm in Possilpoint Community Centre. For more information please contact Gillian Halliday on 07557369599 or ghalliday@ng2works.com.

Local carpet bowls enthusiast Jim McCallum who has links with both teams said "It took a couple of years to happen and it's nice to see it all come together. I enjoyed it thoroughly."

The informal tournament took place in Possilpoint Community Centre with 14 bowlers taking part across both teams. Bert O'Donnell who plays for Inner Circle said "I thought it was really good and we all enjoyed ourselves and had a laugh. Everyone got along well and I really hope we do it again."

Both groups enjoyed getting to know one another over some refreshments and several games of bowls. There was plenty of time to sit and chat in between games and both sides took as much from socialising with each other as they did from the bowls!

Gillian Halliday, Link Up programme co-ordinator said "the atmosphere on the day was fantastic, both groups seemed to really enjoy themselves and there was much laughter to be heard throughout the morning. Hopefully we'll





SIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST ng EVENTS, PROJECTS & INITIATIVES

Interested in becoming a Board member? Speak to ng homes' Chair, John Fury

Why should someone look to join the Board?

When I joined the Board some 15 years ago the sense of doing something for the community and using what little expertise I had was very rewarding and fulfilling, "giving something back" if you like, and I still feel the same today.

What can the Board offer ng homes and North Glasgow as a whole?

The Board is the governing body of ng homes and decides mainly on Planning & Strategy plus Investment and Governance Matters. In North Glasgow as a whole our aim is not only to provide a good home for our tenants but to work hard to improve the area and create a community that we're proud of. You will see many examples of this in this newsletter, where improving the lives of people is, as well as improving the area, are very much to the fore.

What kind of people are you looking for to join the Board?

We are looking for people from as many diverse backgrounds as possible, e.g. ethnic minorities, the young, local professional people, and interested tenants etc. The main thing is that they are keen and motivated, indeed, local people would be surprised just how much local knowledge they have and just how much input they could make to the Board.

How does someone go about applying to join the Board?

Joining the Board is really quite simple – first you have to become a member of the Organisation (this costs £1), then fill in a nomination form signed by two nominees, 3 or 4 weeks before the A.G.M, where the elections are held annually. Providing a brief C.V. would be of help. Anyone interested can call in to the office, where we would only be too happy to help.

What would you say to someone who is interested in joining the Board?

To anyone interested in joining the Board I would simply say that they will find that the voluntary work for the community is very rewarding, meaningful and fulfilling.



John Fury, Chairperson, ng homes

What has the Board been up to?

An in-depth survey of our stock (5,500 houses) is almost complete and this will inform the Board on where to invest next. This, alongside the expertise of our excellent staff, will help us allocate monies to where it is needed most as it is important for us to invest in the upkeep of our properties. The Board have also recently completed our annual committee appraisals which allows us to identify any training needs to brush up on our skills. The committee have also completed three training events since the turn of the year - Financial Risk, Business Planning and Health and Safety.

ng homes Board Member Recognised as a Community Champion

member of ng homes' board was recently recognised by Partick Thistle Football Club as a Community Champion for his ongoing dedication to the North Glasgow community.

Richard Porter has been a Board Member at ng homes for the last five years, and having seen his commitment, passion, energy and contribution only grow over the years, ng homes were delighted to both nominate Richard and see him achieve the award at Firhill before the Partick Thistle v Rangers Scottish Premier League match on 7th May.

The Partick Thistle Community Champion Award, in partnership with McDonald's Maryhill and part of the Partick Thistle Community Trust, recognises people who do exceptional work in their communities.

Pauline Graham, Chair of the Partick Thistle Community Trust, knows just how important the influence of people like Richard is:

"In association with our partners, PTFC and McDonalds Maryhill, we

ng homes' Chairperson John Fury commented, "It has been a pleasure to have worked with Richard for the last five years, and we're excited to see what we can achieve together in the next five. Well done Richard!"



were delighted to honour Richard Porter, who was nominated by ng homes. Richard's community work is exemplary and he is exactly the type of unsung hero that we want to publicly honour through the Community Champion Initiative."

Richard is a massive supporter of community choices, which aims to put the power back into the hands of local young people to make decisions and influence changes in their area.

His work to represent parents in his children's school has also been of huge benefit to ng homes ongoing commitment to regeneration in North Glasgow, and he is dedicated to the effective governance of ng homes.

Richard said, "I am passionate that people of North Glasgow have a voice, in their local community also across the city and indeed at Scottish level. I am I firm believer that everyone should have a voice and should support the community in any way they can."



WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST LIVE

GREEN UPDATE

Work of Energy Efficiency Officer and tenants helping the environment

The main focus of our Energy Efficiency Officer's work is to help tenants reduce their energy use and reduce how much they need to spend. As a result of doing this we also reduce harmful emissions into the atmosphere and reduce the impact we all have on global warming. We have received additional funding from the Scottish Governments Climate Challenge Fund until March 2018 to carry on this important work.

Over the last year of the project, we visited 133 homes in the area and reduced CO2 emissions by 161 tonnes. This is the same amount of emissions as given out by 34 average sized cars for an entire year.

To put this into perspective, to make the same reduction in emissions as

the number of energy visits we achieved last year you would need to plant 4,172 trees and let them grow for 10 years to get the same results.

A well as making these reductions in our CO2 emissions, we also managed to help tenants make total financial savings of \pounds 19,550. This includes challenging incorrect bills, reducing energy debt, and claiming compensation for poor service from energy suppliers.

To arrange a home visit and/or discuss any energy issues you may have, you can speak with our Energy Efficiency Officer Graham Smith on 0141 630 4252, ext. 1431.

Recycling and reusing furniture and waste in North Glasgow

aren Elliot joined ng homes at the end of April as our Waste/Recycling and Re-use Coordinator, and she's already working her magic at the Hawthorn Distribution Unit by recycling textiles and furniture in the local community.

With the help of ng2, Karen has successfully completed two uplifts that have been delivered to tenants who are looking for items to furnish their homes.

Karen said, "It's been a great start to the Climate Challenge project, funded by the Scottish Government, and we are looking forward to continuing this work throughout the length of the project.

Not only that but we've started concentrating on textiles and focusing on a doorstep textile recycling scheme which has recently started. We want to make it easy for tenants to recycle their textiles. This can be clothes that are of no use to them, that have maybe seen better days or were originally for children that have grown out of them."

Our first doorstep textile collection took place in June and we will be running these every few months. We will also be working

ng homes celebrate North Glasgow's Green Champions

g homes celebrated the green impact staff, partners and the community have made in North Glasgow at a Community Celebration/Awards Ceremony at Saracen House on 30th March.

Over the period of the Climate Challenge Programme we have saved a total of 215,909 tonnes CO2e through a variety of energy saving programmes, growing spaces and recycling and upcycling with the support of the food and furniture redistribution programmes.

The event brought together key partners and members of the community to celebrate the work done to achieve this. The event included entertainment from Tribal Global and a presentation of awards.

The event was very successful in highlighting the work of community members taking on Climate Challenge issues as well as raising the profile of the issues to continue to help change attitudes.

Speakers at the event included Climate Challenge Development Officer, Davina Bright, ng homes Board Member, Richard Porter and Professor Tahseen Jafry of Glasgow Caledonian University, Department of Climate Justice. She said:

"I have great admiration for ng homes and their contribution to social justice



Tenants receive their Climate Challenge Awards in March 2017



Kids were also winners at the Climate Challenge Awards

including Elmvale, Saracen, St Teresa's, Chirnsyde, Balornock and St Philomena's. Community growing awards were presented to Kemp Street Sheltered Complex, Chinese Community Growing group and Balgrayhill Multi-Storey Volunteers and Focus Group. The Inner Circle and Chancers community groups were presented with awards for the 'Energy Watchers' programme, whilst ng group concierge and ng2 operational staff received awards for their environmental impact. African Challenge Scotland were given an award for their work in raising awareness of Climate Justice issues through holding a week long event which included a debate on climate change and community clean ups.



closely with local schools to encourage the children to recycle via swap shops. Look out for the many activities going on over the coming months at our unit and beyond, as we aim to keep supporting recycling in the community. Contact Karen Elliot at kelliot@nghomes. net or 0141 560 6000 Extension: 1436.

Karen Elliot, ng homes Recycling and Re-use Co-ordinator



and environmental protection. The climate challenge fund project is a fantastic example of their continued commitment, drive and motivation in bringing communities together to tackle climate change. I look forward to learning more about their project in the coming months."

Awards were given out to a list of individuals across all ages with the youngest 'Green Champion' at 9 months old (after attending all the workshops with her mum) and the oldest being 90 years young!

Recognition was given to local Primary schools for their work in recycling initiatives, With £137,588 more funding being awarded to the Climate Challenge programme ng homes remain committed to making a positive difference to climate change in North Glasgow.



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Tuesday 08 August 2017 North Glasgow Communities Clean-up

Venue: NG Homes, Ron Davey Enterprise Centre, 10 Vulcan Street, G21 4BP Time: 11.00 am – 2.00 pm

FREE community event, among his annual summer event to make our area to be attractive to the community and create a play spaces for our children, young people and adults.

The event is free and open to everyone in the community. This event also is delivered in partnership with NG Homes, Keep Scotland Beautiful, The Wise Group, Glasgow City Council and Police Scotland.

Saturday 05 August 2017 Community Sport Event

Venue: Peugeot Ashfield Stadium, Saracen Park, 404 Hawthorn St, Possilpark, Glasgow, G22 6RU Time: 9.00 am – 4.00 pm

FREE community sport event to bring people together and to close existing barriers in our community. Open to everyone in the community, this event is delivered in partnership with NG Homes, Glasgow Tigers Speedway, Glasgow Science Centre, Police Scotland and Fire and Rescue Services.

MULTICULTURAL

EMPOWERMENT

 $PROGRAMME \ge 017$

Activities include: Football tournament, bouncy castles, face painting, dingo, Afro dishes, Afro dresses, African music, African products, delicious Caribbean & African cuisine, music, arts & crafts, fun games, children's African fashion show & much more!

Monday 07 August 2017 African Challenge Scotland Jobs Fair 2017

Venue: NG Homes, Saracen House, 139 Saracen Street, Possilpark, Glasgow, G22 5AZ Time: 3.00 pm – 6.00 pm

Annual summer event to improve the employability of ethnic minorities in Glasgow and close existing gaps in our community. The event is free, open to everyone and is delivered in partnership with NG Homes, Skills Development Scotland, Police Scotland, Fire and Rescue Service, The Prince's Trust Scotland and the University of Strathclyde.

Wednesday 09 August 2017 Multicultural Music Festival

Venue:Springburn Park, Glasgow, G21 3AHTime:11.30 am - 6.00 pm

FREE community event featuring African drumming, Scottish bagpipes, Afghan and Indian musicians and a performance by the local Chinese and African communities.

The event is open to everyone in the community. Delivered in partnership with NG Homes, Chinese Community, Afghan Community, Glasgow City Council, Police Scotland and Fire and Rescue Services.



Thursday 10 August 2017 People Powered Prevention

in partnership with Social Service Glasgow

 Venue:
 139 Saracen Street, Saracen House, Possilpark, Glasgow, G22 5AZ

 Time:
 1.00 pm - 3.00 pm

 Format:
 Short presentation & interactive discussion.

African Challenge Scotland working at the grassroots levels are best suited to deal with vulnerable and ethnic minority groups in Glasgow and wider Scotland.

African Challenge Scotland has put in place an empowerment workshop in partnership with the Social Service in Glasgow to help these people to lead a decent life. Also, the involvement of local community leaders and volunteers reinforce the sustainability of the programme.

This event provides an excellent opportunity for participants to considered a career as a registered carer with Social Services in Glasgow.

Thursday 10 August 2017 African and Ethnic Minorities Cultural Day and Filming

Venue: NG Homes, Saracen House, 139 Saracen St. Possilpark, Glasgow, G22 5AZ Time: 3.00 pm – 6.00 pm

African Challenge Scotland has established itself as a major annual event within the Scottish cultural and sporting calendars, whilst also maintaining an international profile as one of the leading African and Ethnic Minorities platforms to facilitate the integration of ethnic minorities in Scotland. FREE screening of Hear Me Move (2015), a South African film about dance. FREE African food, watch African clothes being made at the event. BodyVision exhibit session and more. This event is delivered in partnership with NG Homes, Glasgow Science Centre, Project X and Glasgow Life.



Friday 11 August 2017 African and Ethnic Minorities Children and Youth Sport day

Venue: Springburn Sport Centre, 10 Kay Street, North Glasgow, G21 1JY Time: 3.00 pm – 6.00 pm

African Challenge Scotland is organising a free Children and youth community sport event in partnership with ng homes and local organisation.

Activities: Table tennis, Face painting, Handball, Bouncy castles, African Music, African Products, Badminton, Judo, Wrestling, information stalls, refreshment and much more.

Saturday 12 August 2017 Evening Gala Celebration

 Venue:
 Radisson Blu Glasgow, 301 Argyle St, Glasgow G2 8DL

 Time:
 7pm – Midnight

The African Challenge Scotland annual awards programme held to identify



awards programme held to identify recognise and reward organisations and individuals doing exceptional work in facilitating the integration of ethnic minorities in Scotland. **This event is by invitation only.**

For more information please contact us:

African Challenge Scotland

151 Balgrayhill Road, Glasgow, G21 3AN Registered Scottish Charity Number SC046055 Tel: 07958 062 528

The Prince's Trust Scotland | Project X

Email: africanchallengescotland@yahoo.co.uk **Activities:** Ethnic Minorities Performances & Awards

Supported and Partnered by: Big Lottery Scotland | NG Group | WSREC CMS Window Systems | Awards for All | Police Scotland Glasgow Tigers Speedway | Glasgow City Council Glasgow Science Centre | Glasgow Life | TSB Bank Fire and Rescue Services | Keep Scotland Beautiful

ANNUAL MULTICULTURAL EMPOWERMENT EVENT 2017



WORK VISIT INVEST LIVE LEARN WORK VISIT INVES

Summer's upon us, so here's our top tips!

Remember! Always stay safe in the sun and regularly apply sunscreen to protect your skin

think we can say it without jinxing it now – summer is officially here. Whether that means catching up with friends, going off to exotic lands, having a nice cold beverage or dropping the kids off for an afternoon with our extensive Summer programme, it might just be our favourite time of year. Plus, everyone smiles more when the Sun comes out to play. Here are some of our best tips to get the most out of Summer in North Glasgow.

There's still time to enter our Summer Garden Competition...

Do you take pride in your dear green place? Have you got green fingers? Looking for an excuse to get out in the sun? Gardens don't just brighten up people's faces, they brighten up the entire neighbourhood. Whether you like hanging baskets or planting chrysanthemums, or even keeping a window box in a tenement, we love how much of a difference a nice garden can make to a street and the community, so we want to celebrate them. Plus, it's a great way to stay active. We'll be announcing a winner around July or August, and there's still time to apply, so if you're interested, please contact your housing officer or contact your local office for more details. Best of luck!

Best things to do when it's Sunny in North Glasgow?

Go for a walk!

Go out and stretch your legs! There's no better feeling than strutting around when the sun's out. We stay in such a fantastic place, so there's a world (or city!) of possibilities when you step outside. Click your heels, head out, and see where you end up!

Cycling

A bike's another great way to get around. Glasgow is a City full of cycle paths and even in North Glasgow we've got plenty, including some going over the Forth and Clyde Canal. Oil up the gears and have a cycle around, maybe you'll end up somewhere you've never been before.

Gardening

Gardening doesn't need to

have a full-scale renovation plan or cost lots of money. Simply going out to cut the grass or do some weeding can be great for body, mind and soul. A good amount of hard work in the sun most certainly won't do you any harm.

Visit the park

Glasgow has some of the country's best and brightest parks. From Kelvingrove to Glasgow Green, to our very own Springburn Park, a sunny day brings three things to a park – people, a great atmosphere, and an ice cream van!

Go for a picnic...

Who doesn't love a picnic? Load up on your favourite sarnies, fill up a flask of nice refreshing juice, and head just about anywhere you want to enjoy. It's one of the finer pleasures in life!

ng2 summer update

n the last edition we'd just launched our summer programme after our latest winter programme came to an end.

We're now well and truly into the summer one – and with the amount of sun that's been on show, you can bet everyone involved has been more than enjoying themselves. In between all of ng2's usual duties, we've been utilising the dry weather to get stuck into the outside maintenance and garden work, undertaking numerous paint jobs, and getting as much done as we possibly can! Here's what we've been up to... into a job in the process. Even if it doesn't lead on to a permanent job with us in the future, we've no doubt this vital experience will stand everyone in good stead.

Kitchen, Bathroom, Rewires (KBR)

Our KBR programme is about updating kitchens and bathrooms for our tenants across North Glasgow. It's time for an upgrade for some properties, and we're confident we can meet the needs and requirements of our customers during the different phases on the project. Phase one consists of 24 properties on Hawthorn St as we update their kitchens and bathrooms first. At the end of the project, we're looking to have completed KBRs to 150 properties across our stock.



Garden maintenance

4. NORTH news

There's rarely a better time of year to look after your garden, and ng2 are on the case! We've been cutting the gardens of the some 468 closes and all the main door properties the Association owns alongside strimming and trimming all of the hedgerows and making sure everything's in tip-top shape in the summer sun. We're responsible for maintaining many of the open spaces in the North Glasgow area - although Glasgow City Council are still responsible for certain areas.

This part of the summer programme has allowed us to recruit 15 unemployed people

Painting programme

As the summer rolls round, so does our annual Painting Programme. We'll be painting railings, tenements, back courts; you name it, we'll paint it. Throughout North Glasgow, our team of dedicated painters will be out putting a fresh lick of paint across our stock.

We're also falling in behind our civil contractor, carrying out painting work on surrounding fencing on completion of their landscaping and civils work.



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Sumer Programme (Multi Sports)

Activities such as; Football, athletics, rugby, golf, tennis and much more....

Venue: Peugeot Ashfield Stadium Dates: Tuesdays 11, 18, 25 July & 1 August Thursdays 13, 20, 27 July & 3 August Time: 1pm - 3pm Ages: 5-12 years Cost: 5essions are free Staff: Qualified and PVG checked coaches

Sessions are free! Children must have completed and returned a parental consent form in order to participate. If you are interested, please get in touch with Robert Docherty at the email address provided.

For further information email: rdocherty@nghomes.net

limited and are on a first come first served basis!



Allied Vehicles

Driving for Perfection



WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST LIVE

ng homes retain Disability Confident Employer Accreditation

The Association has again been awarded accreditation as a Disability Confident Employer. This award has been introduced by DWP to replace the previous two ticks disability positive action scheme.

The Association received this latest award in June and it is valid for a period of two years. It recognises ng homes' commitment to ensuring that people with disabilities and long term health conditions are provided with equal opportunities to obtain employment and that they feel supported, engaged and able to fulfil their potential in the workplace.

Tony Sweeney, Head of Corporate Services at ng homes said "the accreditation is testimony to the efforts of our Board and staff in supporting people with disabilities in applying for and working at the Association. It acknowledges that we are



committed to creating an inclusive, fair and diverse place to work and we will continue to focus our efforts on further developing our approach in this regard."

The Association would like to thank all staff and Board Members for their dedication in achieving the accreditation and to reiterate our commitment to equal opportunities for the future.



Educational Partnership with Glasgow Kelvin College benefits comunity



Working hard to develop partnerships helps us as an organisation to achieve our aims and ambitions. As part of that, we put a huge emphasis on working with educational partners, including Glasgow Kelvin College. As they are based in North Glasgow, they have the potential to help train and educate members of our community, and by working together we can act as a link between tenants and residents and the College.

Craig Green, who heads Glasgow Kelvin College's community and flexible learning services, highlights that the partnership shows how much can be achieved when teams from different organisations work together to improve lives for people. That includes the Pitstops programme.

Craig Green commented, "The partnership has developed over the last couple of years such that the College is now regarded by ng homes as their education partner, and we've developed routines where both organisations work on the same project to support each other.

The Pitstops programme in particular combines physical fitness, team discipline, qualifications, employability support and recognition for achievement through the College's Community Achievement Awards programme and provides people with

PUZZLE	Ac	ross	Do	wn					
	1.	aliveandkicking	1.	epic360	3.	chirnsyde	5.	johnfury	
RESULTS HERE	2.	pitstops	2.	grahamsmith	4.	innercircle	6.	fifty	

better prospects for both employment and further education."

ng homes can help to recruit individuals in need of support, and engage them with sports, education or other activities which can help develop self-confidence and ultimately benefit local people.

We're committed to working closely with Glasgow Kelvin College to help create a community full of opportunity – and you're at the helm. No matter your age, get in touch to find out how we can help...

Please contact Craig Green at craig@ glasgowkelvin.ac.uk or on 07736162553 for more.



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Glasgow Caledonian University provide unique opportunities to ng homes tenants

g homes work closely with Glasgow Caledonian University to help deliver opportunities to our tenants and people across North Glasgow. Here, the University discusses its Centre for Climate Justice and the opportunities it presents.

The centre for Climate Justice at Glasgow Caledonian University takes a global lead in the delivery of high quality policy research in the area of climate justice.

Director of the Centre for Climate Justice, Professor Tahseen Jafry leads a team of dedicated research staff working on key climate justice themes in Glasgow and in partner institutions. Her career spans 20 years, primarily undertaking research for development for global organisations and gaining field experience in over 14 countries across the world.

Qualified as both an engineer and a social scientist, Professor Jafry has accumulated extensive insights into natural resource management, gender and agricultural development and now in climate justice.

Core Activities of the Centre

Created in collaboration with the Mary Robinson Foundation for Climate Justice, the Centre has compiled a globally unique knowledge base which contains a collection of over 1,000 peer reviewed academic papers which were evaluated in the field of climate justice.

Other projects within the Centre include;

Scotland Lights up Malawi

600 million people in Africa have no access to electricity. The Light up Malawi project is funded by the Scottish Government and looked at determining and understanding the impact of the adoption and uptake of solar lights on people, society and the environment in Malawi.

Water for ALL Project

The Water for ALL project, funded by the Scottish Government, was set up to improve access to water among the poorest and most vulnerable groups in Malawi and Zambia.

Find out more about the work of the Centre for Climate Justice at www.gcu.ac.uk/climatejustice Professor Jafry is one of the leading experts in Climate Justice







Study for a Masters Degree in Climate Justice

Climate Justice is becoming an increasingly important topic and is expected to grow in relevance as climate issues have more global impact, requiring domestic and international policy making to focus on values, ethics and justice. Glasgow Caledonian University (GCU) has responded to the requirements of the modern climate justice professional with the launch of a unique MSc Climate Justice programme.

The MSc Climate Justice develops in-depth

Connecting Communities to Deliver Climate Justice – PhD Opportunity at GCU

ur changing climate presents significant challenges and threats to people, society and the environment. To meet some of these challenges we need to identify and develop the right means trying to understand what is 'going on' in communities and how people are responding to and dealing with climate change in their daily lives. Engaging with communities is the key to unleashing this conversation is looking at climate injustice. It is an approach that bridges the gap between climate change science and and rights for the most vulnerable people.

understanding, analysis and knowledge about the principles of climate justice: human rights, development and climate change. The programme is tailored to provide a practical angle to climate justice to allow students to graduate with a Masters Degree which provides them with skills, approaches and methodologies for addressing climate justice in their future work plans.

To help you with funding your studies GCU offer a range of scholarships and The Student Awards Agency for Scotland offer loans to help with your fees and living costs.

To find out more about the MSc Climate Justice contact GCU on studentenquiries@gcu.ac.uk or call 0141 331 8630 This PhD is about connecting communities to deliver climate justice in North Glasgow and a locality in China. It could focus on various themes; food growing, energy conservation, reducing carbon emissions and waste saving strategies. Who we are looking for:

- A graduate student with a Masters degree preferably in Energy and Environmental Studies, Geography, Social Sciences.
- Fluent in Chinese or Mandarin.
- Ability to travel to China and carry out field work.
- Has the appropriate legal right to remain in the UK.
- Good academic, writing and analytical skills.
- Is a critical thinker and good communicator.

To find out more about the PhD opportunity contact GCU on studentenquiries@gcu.ac.uk or call 0141 331 8630



Rolling back the years at Chirnsyde Primary intergenerational event

Primary five pupils from Chirnsyde Primary School in Milton gave local older people an afternoon to remember as they delivered an intergenerational traditional afternoon tea.

The event, which took place on March 28th and was supported by ng homes, is part of the Scottish Government funded Build, Bridge, Bond programme and sought to utilise the creative imaginations of the kids to bring different age groups and cultures together and strengthen community bonds.

This is the first time that the school has worked on an intergenerational project with the local community, with the afternoon tea event focusing on connecting different generations together in order to promote mutual understanding, increase learning and help reduce social isolation. From the outset the children were keen to take ownership of the event, supported by their class teacher Miss Karen Taylor and ng homes Community Support Officer, Simon Farrelly. The project provided strong opportunities for the children to develop their event management skills and had a clear link with Curriculum for Excellence outcomes.

All thirty pupils were involved in coordinating different aspects of the detailed planning of the event and every pupil had a role to play in ensuring everything went to plan.

ng homes worked with the young people and the class teacher over a number of weeks to support effective planning for the event. Invitations to attend the event were sent to sixteen older people involved in 'The Inner Circle' and 'Chancers' social groups within Possilpoint Community Centre.

Those older people invited to attend, really enjoyed the afternoon with the pupils. Following a warm welcome to the school, pupils provided a very creative programme of entertainment involving dance, singing, poetry and music throughout the generations. The older guests commented on the talent and confidence displayed by the pupils and were delighted with the sandwiches, cakes, tea and coffee on offer.

At the end of the afternoon, time was allocated to visit the pupils' class to promote dialogue on ways in which education, music, sport, employment, technology and other aspects of life had changed over the years and also to discuss ways in which further intergenerational activity can take place in the future.



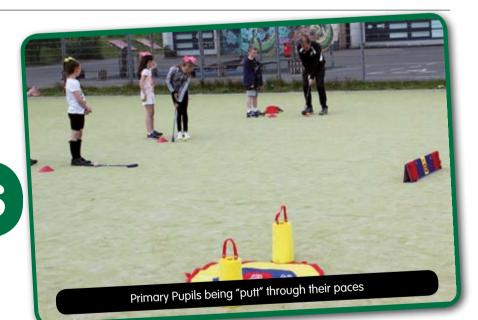




Golf programme a big hit with North Glasgow youngsters

ocal children from eight local schools got to grips with some clubs as a new golf training initiative launched in North Glasgow.

Working with Balornock, Chirnsyde, Elmvale, Saracen, St Martha's, St Stephen's, St Philomena's and Wallacewell primaries, the six week



Supported by Glasgow Kelvin College, ng homes and Active Schools, 18 students and coaches participated in the First Club Golf Training Award. The training course provided the participants with all the information and resources required to become big hitters.

Robert Docherty, ng homes' Sport and Education Partnerships Manager, said,

"It was great to see so many young people enjoying themselves and getting the opportunity to play golf and develop their skills.

"The support from our partners in supporting training and coordinating the delivery of the programme was also greatly appreciated." programme was full of golfing expertise, key advice and a lot of fun.

Andy Chung, Chair of the Chinese Cultural and Welfare Society Scotland, added: "The course is very good. It serves the purpose of providing basic golf knowledge to the children and triggers their interest in this sport. It could inspire some of these trainees to become the excellent golfers of the future."

The aim now is to roll out the programme in other schools and in the community. Having trained coaches and students will allow us to do this and we've no doubt it'll be a huge hit with everyone else too!



NORTH **news**

Getting older doesn't mean staying in – ask Jim McCallum

The older we get, the harder we can find it to get out and about. Our bodies don't work quite like they used to! That doesn't mean we shouldn't try. As we get older, getting out, speaking to people and joining in with the community is one of the keys to a longer, happier life.

Don't just take our word for it, you can ask 75-year-old Jim McCallum, a regular at some of our community events and initiatives;

"I would say to people of my own age, get yourself out and about as much as you can. Staying in the house won't help you if you've got any illnesses. If you can get out, get out, if you stay in the house it'll only make you worse.

Jim has lived in Springburn's Carron Crescent for the last 13 years and is involved with a number clubs within the community, including Alive and Kicking, the Inner Circle and the Tiger's Den. He also joins in on a range of other activities including Song, Shimmy and Come Dine With Me. Govan born Jim might be in his 70s, but he recognises just how important the clubs are when it comes to keeping fit, and it's not just about staying active physically.

"Basically it's because I've retired now, and I find myself having a lot of time on my hands, and I find that these clubs help me a lot mentally and physically, because I play carpet bowls in the two clubs.

The great thing about coming to the events is communicating with other people no matter what age they be and it makes my day to see a friendly face and talk more."

Jim regularly encourages older friends to come along to the clubs and has seen the Inner Circle Men's Group at Possilpoint Community Centre grow from 3 or 4 eager faces to over 30, and there's still plenty room for more.

"Most of the people who come along are 50+. People can come along and participate in the bowling, and we also play pool, that's even something that's good for young people. Gillian and the people who run this place also talk to us about various things, how we save our money and that."

Jim's got one more piece of advice for everyone in the community too – "Get out an about and get in amongst the community, say hello to people, talk to people, see how they're getting on, find out if you can help them."

Chipper as ever at 75, that same advice seems to be serving Jim well!



ABBEYFIELD HOUSE SPRINGBURN

The Abbeyfield Glasgow Society Ltd was established in 1961 with the purpose of providing support and accommodation for the elderly, coupled with companionship and improving the quality of everyday life. Abbeyfield House, Springburn is a purposebuilt care home which opened in March 2002 and provides enhanced residential care for 20 residents. Care is provided by our trained staff who have considerable experience in the care sector and we pride ourselves in the homely, informal atmosphere and the quality of care provided.

VOLUNTEER OPPORTUNITIES

Abbeyfield House Springburn is administered by an executive committee consisting of retired individuals with business, professional and health service management expertise. The committee are keen to recruit more volunteers with similar or relevant expertise and we feel sure that providing your service and experience would be rewarding and would not involve more than a few hours a month.

Please feel free to get in touch with us either by phoning the home manager on 0141 557 5880 or contacting a committee member via the Chairman of the Society at Abbeyfield House, 51 Reidhouse Street, Glasgow G21 4LS or email abbeyfield. springburn@ btconnect.com

We look forward to hearing from

you. The Abbeyfield Glasgow Society Ltd, Registered Charity No, SC005661

Abbey





ZERO TOLERANCE -HYDRANT VANDALS

local campaign using CCTV footage is being used to identify people who endanger lives by vandalising fire hydrants in North Glasgow.

The ongoing campaign is in response to recent video footage, which shows youths and children risking serious injury and putting the safety of others at risk while opening and damaging hydrants.

Scottish Fire and Rescue, Police Scotland and ng homes have put out a message that there will be zero tolerance in relation to hydrant vandalism which puts the health and safety of tenants and residents at risk. Anyone involved will be dealt with under the law.

Group Manager Ian McMeekin, SFRS said, "Firefighters need water to fight fires but our task becomes very difficult if water pressure is reduced or if hydrants are impossible to open because they have been damaged.

"Parents should warn their children about the dangers of hydrant vandalism, and I would ask responsible adults to prevent children misusing hydrants and report anyone involved to Police Scotland or Crimestoppers. Hydrant vandalism is an unacceptable form of antisocial behaviour that will result in prosecution."

If you see hydrant vandalism taking place, please phone Crimestoppers on 0800 555 111.

#ZeroToleranceFire JOIN SCOTLAND'S FIGHT AGAINST FIRE



Fire Hydrant vandalism is extremely dangerous photo credit (Evening Times)

Flytipping, Rubbish and Refuse Fires





Working together for a safer Scotland

Iytipping, is not only illegal; it's a fire hazard for our communities. Scottish Fire and Safety Rescue Service would like communities to report large amounts of waste at www.dumbdumpers.org or call the stop line on 08452 30 40 90. In particular, be very careful not to store bins or rubbish sacks up against your home, as fire can quickly spread to buildings. Refuse bags, combustible materials or items of furniture should never be stored in common areas such as stairways, corridors or drying rooms within a building. By keeping these areas clear it will protect your escape routes and reduce the risk of deliberate fires.

- You can help prevent rubbish fires by following our advice:
- Store your rubbish in a secure area if possible
- Keep your garage and shed locked as well as your home
- Keep all flammable liquids locked away
- Consider installing security lighting outside
 - Be alert to strangers loitering in your
- Remember, for your own safety and the safety of others, do not:
- Allow rubbish to block escape routes
- Store rubbish by doors, windows or any other openings
- Store bins or rubbish sacks up against your home as fire can quickly spread to buildings
- Overfill your bin or leave rubbish around
- Smoke in or around storage areas

With an estimated average cost of £2,000 for each attendance at such incidents, the estimated annual cost to the Service is £22m.

If a crime is being committed, or is about to be committed, if there is a risk of serious injury, or if the fire service is needed, call 999.

- street and call the police if strangers are loitering for some time
- Report any build-up of rubbish to your • local authority, your housing provider or community fire station. This will help ensure it can be removed and prevent fires
- Report any fly-tipping direct to your Local Authority or to the National Dumb Dumpers Stop line on 0845 230 40 90
- Warn other people if a fire breaks out. • Then get out, stay out and call the fire and rescue service out by ringing 999

- Put bins out for emptying until the day your refuse is collected
- Fly-tip materials or leave rubbish to build up outdoors – it could start a fire
- Accept deliberate fire-setting in your community. It's a crime that threatens lives - report it to the police





Day in the life – Stuart Cameron, ng homes Health and Safety Officer

Normally, I wake up at 6 o'clock and make sure I'm in the gym for around half six, but after my partner and I recently had a baby, I've been getting up at half five, unreluctantly might I add! I wouldn't change it for the world, never mind a long lie. Even if I don't make it to the gym, I'll leave to get into the Springburn office for around half past eight.

The first thing I do is open my emails to see if anyone has reported any accidents, incidents or anything else health and safety related such as near misses.

If all is well and good, I get on with my health and safety workplan. This looks at risk assessments, method statements, toolbox talks, updating staff and a whole host of other health and safety requirements. That includes working with staff and making sure necessary reports and assessments have been done. I'm constantly updating the workplan as it changes every quarter.

I then move on with my work on the Display Screen Equipment assessments, putting them onto the system and updating them as per the legal requirement. I'll then do a bit of spot checking, where I go out during the day to one or two areas and make sure that the health and safety of our staff and tenants is being protected.

If I get the chance, I'll then visit the Springburn Shopping Centre to get some lunch, stretch my legs and get a bit of time to myself.

After lunch I'll work on developing a training course for ng homes staff on health and safety. A session I was working on recently was for the Board. When I deliver training I need to make sure the participants have the appropriate information about their responsibilities. I also highlight the impact of good interaction between the Board, senior managers and employees when it comes to health and safety, which can help increase productivity within an organisation, and more importantly, keep people safe.

I work on the Safety Observation Reports - collating information from events that happen from within the organisation in a health and safety context to see if there's anything I can do to make it safer or better. I spend a lot of time working with new starts and arranging their health and safety training, advising them on everything from the Health and Safety at Work Act 1974, manual handling and ng homes' and ng2's own health and safety control manual.

Then I reflect on the day just passed and try putting everything onto the system so it's in one place! I also keep my phone nearby just in case any incidents appear throughout the day and I'm needed to carry out an accident investigation. I also attend Board meetings, executive team meetings and other management meetings to discuss health and safety and ensure it's at the top of the company's agenda.

Then when all's said and done, I head home at half five, get home for quarter past six, and I'm right back out again to play football! I go to football training or five-a-sides three times a week. After I'm back home, I help feed the baby and put him to bed, then relax before I need to get up, and my day starts all over again..."

Stuart Cameron, ng homes' Health and Safety Officer

Q&A – Geri Anderson, ng homes Senior Housing Officer

Firstly, tell us a bit about yourself and your role at ng homes...

My name is Geri Anderson and I am a Senior Housing Officer within the Multi-Storey Flats team. I cover the Balgrayhill, Hawthorn, Carron, Edgefauld and Croftbank Street areas overseeing the Housing Officers and assisting with Concierge. to put forward ideas on how best to carry out your job. It could be about changing how you want to do things or about your workload, if you put a good case forward for change and evaluate the different options then the managers listen to and support and every day is different, the staff are great and it is like a big extended family where everyone looks out for each other which I think is how all organisations should be.

If you could summarise what

What's your favourite film?

Con Air and Face/Off – sorry couldn't pick just one

What's your favourite meal?

Lamb Chops, well done!!

How long have you worked for the Association?

I joined ng homes as part of the GHA stock transfer which took place on 31 March 2011 and my service goes back until January 2000.

What's it like working for ng homes?

I really like my role and find that working with ng homes you are able

the statt.

On a personal level, I also feel that ng homes management are very fair and have been great with me when I had personal issues. The managers were always on hand with support and still continue to ensure that I am doing okay. They are very approachable and help is available if I ever require it.

What's your best memory of your time here?

I'm not really sure of my best memory but I do enjoy my work and hate being off, you may read this and think 'really' but I do!! I love my role

you do in three words, which would you use?

Hard, pressure, laughter





WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VIS ng INFORMATION

Janice Ellison

Housing Manager

Lvnn Bennett 02-178 Ashfield Street

3-39 Balmore Square

162-326 Broadholm

(evens)

Street Buckley, Chestnut,

Street

Road

8-20 Hawthorn

Quadrant

Possilpark Team

Customer **Services** Team

Our Customer Service Officers (CSO's) are based within our customer contact centre at Saracen House, Saracen Street, Possilpark. The CSO's are the first point of contact for customers calling ng homes. When you contact us you will now be asked to provide your up-to-date contact details, your preferred method of contact and information on who is living in your home. This will allow us to contact our customers in the way that they prefer.

Meet the team



Alan Dick



Kelly Burns



Allan MacKinnon





Stephen Lauder





29-53 Barloch Street (sheltered) 138, 148, 156 Saracen Street 172-294 Saracen Street 106-116 Stonyhurst Street (empty closes) 100 Hawthorn Court and 2-8 Hawthorn Court 4-40 Hawthorn Street



1-27 Balgair Place 1-39 Balgair Gardens 25-41 Balagir Street 1-22 Balglass Gardens 24-41 Balalass Street 47-59 Balmore Road 21-89 Stronend Street 1-15 Sunnylaw Place 198-202 Panmure Street 184-248 Bardowie Street 71-83 Balmore Road 10-63 Mireton Street 8-48 Hayston Crescent 1-43 Hayston Street 1-8 Redmoss Street 772–802 Bilsland Drive





Springburn Team





Iona Wilson



Jeanette Glen

Senior Housing

Chris Farren Balgraybank, Boghead, Cardarroch, Cockmuir Street 256-356 & 426-488 Broomfield Road Eastburn Road Craigenbay, Gartferry, Hillhouse & Lumloch Street Drumbottie & Lanrig Road 2-60 Wallacewell Crescent 5-9 Wallacewell Place 91-144 Wallacewell Road

Multi-Storey Flats Team



Sharon Hazlett Housing Manager





Catherine

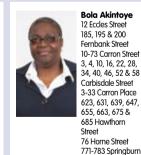
Mather 15 Eccles Street

53 Carbisdale

Street

Blackthorn

Greg Richardson Senior Housing Officer



Road







Gemma Lee/Andrea Campbell Avonspark Gardens, Place & Street Dykemuir Place & Street

Cypress, Kippen, Spruce 104-233 Crowhill Street Lesley McConnochie 143-173 Ashfield Street (odd numbers only) 313-483 Hawthorn Street 8, 16, 24 Balmore Road Walnut Crescent, Place, 40, 46, 52 Balmore Road

105 Knapdale Street 144 Liddesdale Road 28-30 Bracken Street 24-152 Broadholm Stree 11-61 Claddens Quadrant 26-84 Claddens Street 16-34 Coltmuir Street 5-93 Crowhill Street 26–36 Gadloch Street 7 Glenhead Crescent 6-44 Glenhead Street 54-160 Glenhead Street 23-43 Lamb Street 82-209 Haywood Street 139 – 221 Balmore Road

Danielle Quinn

Karen Kelly Senior Housing Officer

Housing Services Team





Gordon McFarlane

185-277 Saracen Street 134 Allander Street

4-50 Ardoch Street

100-149 Bardowie

3 Carbeth Street 1-27 Hamiltonhill Crescent 97, 110, 112, 115

Hamiltonhill Road 217 – 231 Stonyhurst Street

180, 194, 208, 222, 236 **Killearn Street**

Street

Danielle McErlane

Anne Sheerar

15 Croftbank

250 Edgefauld

Road 177-311 & 371-





Road Young Terrace





Terri McChesney Auchentoshan Terrace & Midton Street 721-745 Broomfield Road Broomfield Crescent & Broomfield Drive Springburn Road 77-163 Petershill Road



Pamela Hutchison Angus, Bagnell, Carleston, Crichton, Gourlay, Hillkirk, Kemp Valleyfield & Vulcan St Atlas & Cowlairs Road 104-138 Balgrayhill Road **Broomfield Place** 2-60 Broomfield Road Hillkirk Place Morrin Path & Springburn Way



Gail Hamilton Campsie, Downs, Mansel & St Monance Street Syriam Gardens, Place & Street

McLear 178 & 198 Balaravhill Road 22 & 42 Viewpoint Place



Yvonne Kinnear 1-217 Lenzie Terrace 151-163 Balgrayhill Road



Lyanne Leslie 37-107 Galloway Street 1292-1330 Springburn Road Stobhill Road Viewpoint Gate & Road



SIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST **ng INFORMATION**

ng homes Regeneration Activities and Events

Weekly Activities: July/September 2017

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	Activity	Venue	Date and time	Contact	Other
Prove laws	Little Rascals (Link Up	Possilpoint Community Centre	Mondays, Thursdays and Fridays 9.30–11.00am	Gillian Halliday, ghalliday@ngworks.com	New parents welcome
	Metafit Ruchill (Exercise class)	Ruchill Community Centre	Mondays 6.30-7.30pm	Alistair Mitchell, amitchell@nghomes.net	https://www.facebook.com/ connecting
7 2 2 C	Metafit Possilpark (Exercise class)	Bardowie Street Gospel Hall	Wednesdays 6-6.30 pm	Alistair Mitchell, amitchell@nghomes.net	https://www.facebook.com/ MetafitPossil
- Contraction	Chancers (Link Up)	Possilpoint Community Centre	Wednesdays 9.30am-2.30pm	Gillian Halliday, ghalliday@ngworks.com	All welcome. Variety of activities
	Inner Circle Men's Group (Link Up)	Possilpoint Community Centre	Mondays: 2-4pm Thursdays: 12-3pm	Gillian Halliday, ghalliday@ngworks.com	New welcome members
	Wednesday Social Event	Possilpark Parish Church, Saracen Street	Postponed for July, restarts 9th August, 10am-2pm	Michael Kam, mkam@nghomes.net	Tai Chi Lunch Variety of activities For more details contact a member of the Regeneration Team
Contraction of the second	Oriental Gym Exercise	Tron St Mary's Red Road Barmulloch	Fridays 10-12	Michael Kam, mkam@nghomes.net	Oriental Gym Exercise Activities
1.1.1.1	Row for Shore (Link Up)	Possilpoint Community Centre	Fridays 9.30-11.30am	Gillian Halliday, ghalliday@ngworks.com	All age groups. New people welcome

Monthly Activities: July/September 2017

Activity	Venue	Date and time	Contact	Other		
Community Networking Breakfast	Saracen House	Fridays 10-12 11th August 8th September (venue change)	Simon Farrelly, sfarrelly@nghomes.net	Open to all		
Neighbours Monthly Meal (Thriving Places)	Bardowie Street Gospel Hall	Tuesdays: 6pm 25th April 23rd May 27th June	Alistair Mitchell, amitchell@nghomes.net	www.facebook.com/ possilruchillmeals All ages welcome		
Song, Shimmy	Petershill Club	Fridays 1-4pm 28 July 25th August 29th September	Joan Shepherd, jshepherd@nghomes.net	Older adults - New people welcome. Contact Regeneration Dept for info.		
Welcome to the Community Event	Saracen House	Thursday 14th September 12-2pm	Margaret Fraser, mfraser@nghomes.net	Open to new and existing residents		
Possilpark Gala Day	Allied Vehicles Carpark, Hawthorn Street	Sunday 13th August, 12-4pm	Ann Lawrence, Young People's Futures, ann@youngpeoplesfutures.org.uk	Open to all		



WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VISIT INVEST LIVE LEARN WORK VIS ng INFORMATION

Being a community volunteer is about more than helping others, you can help yourself too...

elen Carroll is one of North Glasgow's brightest sparks and her work as a community volunteer is integral to helping us deliver on our ambitions. We are privileged to have people such as Helen who make a sacrifice every day for their communities, but as she explains, it can also have a positive impact on your own health and wellbeing too.

Firstly, tell us a little bit about yourself and your involvement with ng homes?

I moved to Springburn in 2011 after working with BBC Children in Need for two years and since then I've been a tenant with ng homes.

In December 2011 my father found out his lung cancer had returned. After a few months of treatment, he passed away in September 2012. I had been his carer since his diagnosis and we were blessed that we were all around him when he passed away. I now care for my mother, Jessie.

I became involved with ng homes through my parents' care plus of course I'm also a tenant. As a carer, I took on some personal development courses whilst caring for my mother and found that a lot of the courses overlapped with ng homes' community work. I also became good friends with the sheltered tenants of Carron Crescent who I spend time with regularly (great crowd and a good laugh!)

What kind of community work are you involved in?

I'm a volunteer with ng homes' sheltered tenants in Carron Crescent doing arts and crafts and helping out at events, trips etc. Anything really, to make sure we have fun!

I'm Chair of Friends of Eastfield Park - trying to bring the park up to a fun, safe and healthy standard for all the residents around it.

I'm Secretary of Springburn Central Community Council, which has been running for over two years now and getting much busier! As a result of attending many of ng homes networking breakfasts where we witnessed some of the great regeneration work going on, we're now a key driving force behind the new Springburn Regeneration Forum which has just had its third meeting, bringing together some of the key service providers of Springburn (with our grateful thanks to Bob Doris MSP, who has helped us to bring together the group and to add his experience and support to it).



development and carer's courses, I met and became friends with so many different people looking after family members in Glasgow. I saw an advert in ng homes North News magazine for Community Council members and decided to apply. As a new member of the Community Council, I spoke to Anne McLaughlin, then an MP, and Bob Doris MSP about Eastfield Park and decided to 'join the dots' and stick with it. I continued networking and met some great folk that wanted to help. I found I have a knack for connecting the 'folk that want to' with the 'folk that can'.

What do you get personally from doing the community work?

A feeling of making a difference, of having a purpose. The feeling that I can do it.

What initiative or community work do you enjoy doing the most?

I like doing it all at the one time, along with caring and being with my wee mother Jessie. The Regeneration Forum is incredibly important however, and it's necessary to keep the momentum going and to enlist the help of other stakeholders in the community.

redirect you should you be looking for something specific. You can also contact ng homes Regeneration Team who are always looking for volunteers. You can contact the local community organisations that use venues in the area, e.g. Springburn Parish Church, St Aloysius or you can log onto Volunteer Scotland who have a database of volunteering opportunities.

Do you have any thoughts or ideas for volunteering/community work in the future?

Yes! It's time to take back the Park! Eastfield Park (the 'back park') has had such a bad reputation for years that it's time to make it a fun venue for folk to take kids, walk their dog, play, hold events etc. The Friends of Eastfield Park are looking for supporters to help us take up the challenge so, if interested, please email eastfieldparkfriends@outlook.com and we'll get back to you asap.

Want to volunteer and help out around your community?

Interested in becoming a volunteer like Helen? We're always looking for people to aet involved with the community and offer a helping hand. It's also a great way to get out the house, get involved and meet new people. You'll be helping us deliver vital services in the community. Please get in touch with Simon Farrelly, Community Support Officer, on 0141 630 4252 or at sfarrelly@nghomes.net.

Why did you decide to get involved in community work?

I needed something to get my teeth into and, as a carer and attending loads of personal

What would you say to someone looking to get involved in community work?

Go for it! It's great fun, you make new friends, build your confidence and can take it at your own pace. Get in touch with Springburn Central Community Council to discuss being a volunteer with the CC. We have our Facebook page (Springburn Community Council) and can help

How to get in touch with us: email: info@nghomes.net web: www.nghomes.net http://mediacentre.nghomes.net media centre: @ng_homes twitter: facebook: ngsportslegacy

springburn office

Ned Donaldson House, 50 Reidhouse Street, Springburn, Glasgow G21 4LS Tel: 0141 560 6000

possilpark office Saracen House, 139 Saracen Street, Possilpark, Glasgow G22 5AZ Tel: 0141 336 1300

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