



# NORTH news



Our Vision: A community where people can flourish and prosper

ISSUE 50

## North News hits 50!



**N**o, it's not our 50th birthday here at North News – that'd be a bit strange seeing as the Association is only in its 41st year – but rather, this edition is incredibly our 50th in our 14 years of providing you with the news across North Glasgow.

Inside, we take this chance to reflect on the stories and features we have reported on during this time - which includes some of the biggest and most important in the Association's history.

Enjoy this special edition, and we'd like to take this chance to say thanks for all your support over the last 50 editions. We'd have never reached 50 without you!

## Tenants' Conference "All about You"

**n**g homes put YOU at the centre of things at our 2017 Tenants Conference held in Saracen House at the end of March.

The event is about gathering information on what our tenants think. From finding out about your views on a range of matters including getting feedback on repairs, customer service and rents. The Tenants' Conference is a great chance to let us know what's important to you. The event also had a range of exhibition stalls, speakers and special guests, and judging by the great response, tenants were delighted to be involved with the conference.

"The Tenants' Conference is a great chance for us to meet face to face with our tenants and find out what's on their minds", said CEO Robert Tamburrini. "But it's also a great chance to familiarise ourselves with tenants and open up communications between our tenants and ng homes"

The programme for the Tenants' Conference focused on a range of issues which directly affect tenants, following our "All About You" theme.

Representatives from Glasgow Science Centre spoke about "Food and the Future", running a stall showcasing some high protein insect snacks! North Glasgow Healthy Living Community gave a presentation on healthy eating, offering advice and support for those who want to make more healthy choices. Citrus energy, ng homes' own Margaret Fraser and TPAS Scotland's Tony Kelly also gave a range of informative presentations.

The programme was rounded off by TPAS Scotland's CEO Lesley Baird giving an insightful tenant scrutiny workshop before a local Chinese Tai Chi expert took to the stage to show the tenants two Tai Chi routines and introduce them to this relaxing therapy and art.

Popular TV Weatherman Sean Batty then hosted an interactive quiz on ng homes' services and posed for pictures with delighted tenants.

Following on from the success of this year's conference, we're eager to set up the programme for the next one. Just get in touch if you have any suggestions, and we'll let you know when it's likely to be taking place.



Tenants deep in discussion at the Conference



Ronier Deumeni (African Challenge Scotland), STV Weatherman Sean Batty and ng homes' CEO Robert Tamburrini pose with ng homes' Board Members Bill Rossine and Margaret Thomson at the Conference



Lynne Cooper, ng homes Assistant Director (Housing Services) speaks at the Tenants Conference



Have your say on Multi-Storey Safety P2



North News throughout the years P4-5



University for the Common Good

GCU opportunities for ng homes tenants P17



# Agnes Adams: ng homes tenant for 50 years

**A**gnes Adams has seen some changes over the last 50 years in North Glasgow, but one things always remained the same – her house and home.

For almost 50 years Agnes has been a resident at the Multi-Storey Flats at Balgrayhill Rd, and although things have changed dramatically over the years, she's just as happy now as when she first got the keys way back in 1968.

"I'm happy in my house, I've always liked it here", she says, "Multi-Storey Flats were a whole new thing in Glasgow at the time. I moved from a house that had a toilet out in the landing to move into a house that had a bathroom, and let me tell you, that was just fantastic!"

Before Agnes moved into the

Ballgrayhill she stayed in an old style tenement building, which was just a room and a kitchen, and which of course had a shared toilet.

Springburn born and bred, she can remember when then Labour Prime Minister Harold Wilson came to officially recognise the 150,000th council house being a part of the Multi-Storey Flats at Balgrayhill Rd - a sign of just how important that particular block was and still is, but that doesn't mean they haven't had their troubles.

"We had to fight to get a bus to come up the hill – for the first 5 or 6 years we didn't have any transport," she said. "For a long time we also ran our own blocks of flats. The Council gave the tenants committee so much money a year for the flats, a lump sum, and it was up to us how the money

was spent. To get a house here you had to have someone to sponsor you. The flats used to be owned by Glasgow City Council and were starting to get run down. We had a meeting with the Council and it was agreed that we could run our own 4 blocks. It picked up after that."

Agnes was also full of praise for the job that ng homes have done in the area, including renovating and working on the buildings to maximise the potential of the blocks.

"Since ng homes took it over they've done an awful lot of work to the building and they're really kept immaculate. The staff do a marvellous job."

As Agnes approaches 50 years in the flat, we can reflect on how things have changed for the better around

Balgrayhill Road and also look towards the future. We remain committed to providing an excellent service to all of our tenants for many years to come.



The plaque commemorating PM Harold Wilson's visit to the Balgrayhill Flats



Agnes is all smiles as she reaches 50 years in her flat

## Springburn Winter Gardens is being restored, 30 years on



Paul Sweeney, newly elected MP for Glasgow North East with fellow members of the Springburn Winter Gardens Trust

**O**ne of North Glasgow's most popular and iconic buildings is all set to be restored after becoming vacant and derelict for the last 34 years.

Gifted to the City in 1900 and funded by North Glasgow locomotive industrialist James Reid, the Springburn Winter Gardens was constructed by Simpson and Farmer, and stood for years as one of Glasgow's biggest attractions and one of the most culturally and architecturally important buildings in the city.

The restoration work entered its next stage of development in December 2016.

Supported by Springburn Winter Gardens Trust, Glasgow City Council and specialist contractors Covanburn.

Way back in 2014 and as part of the restoration work, the Glasgow Institute of Architects launched a design competition entitled "An intervention at Springburn Winter Gardens; to provide a place where people can gather and share collective memories". The competition resulted in 25 entries with the final five being voted on and a winner

chosen by local people. The competition was supported by ng homes with our local office hosting the ballot alongside a host of local buildings, helping to pull in 324 votes towards the total number of votes cast. The winning design was by James Hand and Nik Klahare, and all the designs were exhibited on general display at The Lighthouse building in Glasgow from late January to early March in 2015.

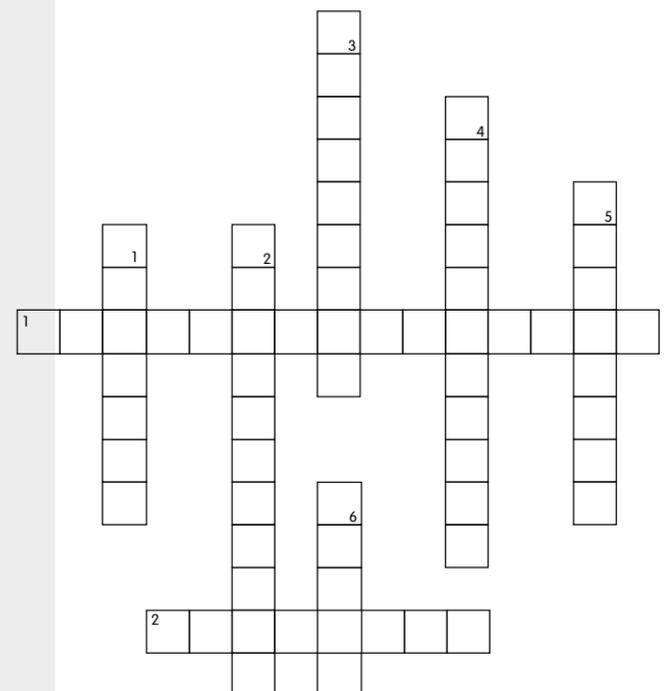
CEO Robert Tamburrini said "We were delighted to be part of the design competition and to give our customers the opportunity to vote for their favourite design in our offices.

We engage with a range of community groups across North Glasgow and where we can, we will continue to support the endeavours of Springburn Winter Gardens Trust in their aim to fully restore the historic building in Springburn Park."

We're delighted to endorse the amazing work being done by the Trust in bringing one of North Glasgow's most loved attractions back into full use.

## North Glasgow Crossword

The clue is in the mag...



### Across

- The other ng homes' indoor carpet bowls team
- Initiative which uses Rugby as a creative engagement tool

### Down

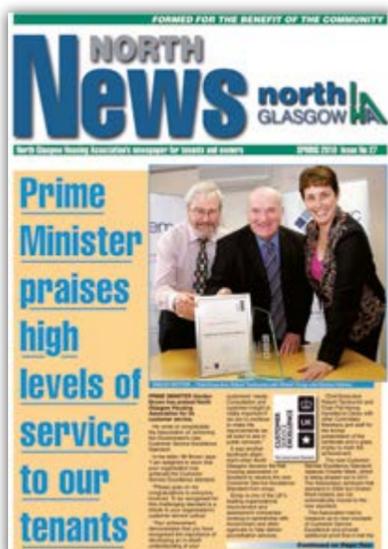
- Financial Advice & Support Body
- ng homes' Energy Efficiency Officer
- Who hosted our intergenerational event?
- One of ng homes indoor carpet bowls teams
- ng homes' Chairperson
- How many North News editions has there been?



# TURNS 50!

## NORTH NEWS 27 – PM CONGRATULATES NORTH GLASGOW HOUSING ASSOCIATION

This was a big one. The Prime Minister at the time was Labour's Gordon Brown, and he wrote to the Association to praise our exceptionally high levels of customer service. Over the course of the last 50 editions of North News, and our 41 years in general, we're proud of the emphasis we've placed on serving our customers – that's mainly our tenants and residents. By this time it's spring 2010, and as we waved goodbye to the noughties, there was renewed optimism in Europe following bail-out packages galore, and the World was gearing up for the South African Football World Cup. In this edition, we also covered the progress of the stock transfer process and the opening of Elmvale Phase Two, which included 950 houses.



## NORTH NEWS 30 – TENANTS BACK STOCK TRANSFER

Back when the stock transfer took place in 2011, our organisation nearly doubled in housing stock and staff. In this winter of 2010 edition, we were delighted to announce the overwhelming support of GHA tenants when asked if they'd like to transfer to us, and that support continues to this day. As Christmas rolled round, Matt Cardle was top of the pops and we all got ready for a massive 2011. By now, we'd had a noticeable change in design, and, we had a special section dedicated to what was our 30th edition! Who'd have thought we'd get through another 20 so fast?



## NORTH NEWS 34 – AWARDED LARGE HOUSING ASSOCIATION OF THE YEAR, AND WE BECOME ng homes

This was our first edition under the new name of ng homes, and with a fresh rebrand came fresh ideas and design. We celebrated winning the Large Housing Association of the Year award across the entire UK at the CIH UK housing awards, an amazing achievement by the Board and the staff here. The rest of the edition looked at our extensive regeneration programme, the plans for the demolition of the Red Road flats and an update on the Carron facelift. All in all, this was a great way to sign off 2011.



## NORTH NEWS 41 – COMMONWEALTH IN GLASGOW

What a summer this was. Glasgow was bouncing as the Commonwealth Games came to the city and everyone did their best to get involved. We ran plenty of workshops and engaged with tenants to bring them closer to the Games and be a part of them. We also wanted to leave that much talked about "Legacy of Sport" in North Glasgow. This edition also looked at the opening of Saracen House on Saracen St in Possilpark, with over 100 guests attending a special event. In terms of news, 2014, included the now infamous missing Malaysian Airways flight and the controversial Sochi Winter Olympics was being planned.



## NORTH NEWS 42 – NATIONAL GOOD PRACTICE AWARD FOR ng homes

As we reached the end of 2014, the next edition focused on yet another accolade for ng homes – this time a TPAS Scotland National Good Practice Award for Best Practice in Developing Communities. We also covered our 2014 Tenants' Conference and for the first time reached 16 pages. We looked at the Winter Gardens Competition Winner, something which is now being put into place in 2017, and we got ready to move into 2015. We reflected on what was a massive year for ng homes, and looked forward to the wealth of possibilities for the future.



## NORTH NEWS 49 – CHINESE NEW YEAR (MOST RECENT)

– Our latest edition. Well, except for this one. We reached 49 this spring with a whole host of stories on our community and regeneration projects, the four awards we'd won in between this particular edition and the last as well as more stories than ever before about what our tenants and residents have been up to. We want to keep breathing new life into the content that comes into North News, and we want our readers to help contribute. It's you who we do all this for after all...





# Pitstops graduates have a ball at celebration event

**G**raduates from the Pitstops course got together with family and friends to celebrate their success at a special graduation event at Saracen House on 26th April.

The event celebrated the successes of those who completed the eight week employability and social inclusion programme, which uses rugby as the 'hook' for personal development. On the course, graduates focus on improving their fitness, studying for up to five qualifications, taking part in personal development modules and attending a variety of sessions on physical and mental health, employability and lifestyle improvements.

The event included speeches from ng homes Chair John Fury, Chief Executive Robert Tamburrini and Director of Regeneration John Devine as well as Character Matters' Barry Docherty. The audience also heard from the graduates themselves as three of them, John Mullaney, Peter Kerr and Billy O'Hara bravely stepped up to the podium to give powerful accounts of their experiences on the course.

The evening was attended by ng homes Board members and some of Pitstops project partners, including Allied Vehicles, Character Matters, Jobs and Business Glasgow, Drink Wise Age Well, the Glasgow Alphas RFC and School of Hard Knocks Scotland.

The graduates were invited to comment on their time on the course, with contributions including, 'the best thing that I could have done was to come onto the course' and 'Pitstops has made a great change to my life; it has introduced me to a lot of good people and a sport that I wish I would have done when I was younger and fitter.'



Pitstops graduates celebrate completing the course

## Where are they now?

**A**lthough their time with Pitstops has ended, it is only the beginning for all of the graduates.

Six of the graduates are now in employment, twelve are currently taking part in employability and personal development courses, one has gained a place to study Digital Media at college, one is applying to study Automotive Service and Repair, and six of the group have attended job interviews. The graduates have also kept up with their fitness work by applying for free gym passes with Glasgow Life and joining the running club and touch rugby sessions set up by Pitstops staff.

Eleven Pitstops graduates also experienced the thrill of a lifetime when they were invited by School of Hard Knocks Scotland to play a rugby game against Pigbarians at Murrayfield as part of the Challenge Cup Final celebrations on 12 May. The graduates thoroughly enjoyed playing; for all of them it was an incredible achievement to be picked for the team.

After the game the Pitstops graduates had the opportunity to relax and watch the final between Gloucester and Stade Français from the comfort of the sponsors' box.

## Interested in being a part of the next Pitstops group?

As well as currently running a Pitstops course for female participants, Pitstops is also gearing up to change more lives in October 2017 by running a fresh course for male participants. If you are interested or know someone who might be, please get in touch on 0141 630 4254 or through the Facebook and Twitter pages by searching Pitstops Project.



School of Hard Knocks Scotland RFC at Murrayfield, 12 May

## Supporting Ruchill and Possilpark Unsung Local Heroes

**T**hriving Place's Unsung Local Heroes initiative kicked off on 10th of February and has been running throughout Feb, March, April and May.

So far we have had 26 nominations from local people living in the area, recognising their neighbours in the community who are just really good citizens! Some of the reasons for nominating have been really heartwarming.

**"Helping lonely people by having them up for tea and going shopping with them"**

**"She often goes out and picks up litter and helps to keep the community clean!"**

**"They've cooked me dinner and got me out the house when I've been stuck in and couldn't get about"**

The scheme is still open and is looking for nominations for people from Ruchill and Possilpark

who have carried out a small act of kindness for either yourself or a neighbour. The scheme now has its own dedicated Facebook page, so to keep up to date with winners, nominees and how to nominate, check out <https://www.facebook.com/unsunglocalheroes>, or contact Community Connector, Alistair Mitchell on [amitchell@nghomes.net](mailto:amitchell@nghomes.net) or 0141 630 425.

With the initiative running to September we are currently in the process of engaging local businesses with the scheme to see if they can be gift providers! Watch this space to see which local businesses sign up to recognise our unsung local heroes. We'll also be hosting a small community event in September to recognise the unsung heroes

Thriving Places work alongside local people in Ruchill and Possilpark, to support community building and citizen action.



Some of North Glasgow's Unsung Heroes!



# Community Networking Breakfast continues to flourish

**The Community Networking Breakfast meetings hosted by ng homes continue to attract a wide range of partners with an average of 60 attendees each month.**

Meetings provide an opportunity for new and existing community partners to meet face to face and learn directly from others about the different range of training programmes, initiatives and partnership opportunities available in North Glasgow.

The aim is to share information about the excellent work taking place locally to strengthen the community and build networks to help make North Glasgow the best possible place to live and work.

The meetings are relaxed and

informal and participants are encouraged to network with a wide range of invited partners about what they have going on and how we can all work together more effectively for the benefit of the community.

“Speaker’s corner” provides partners with a five minute slot to profile specific areas of work, events or training opportunities which are of interest to attendees. Leaflets and information on the wide range of community activity supported by ng homes and other organisations is available to uplift at each session.

At this month’s event we were joined by Gillian Russell, Director of The Scottish Government’s Building Safer Communities (BSC) and a number of the BSC Board Members. Gillian talked about the role of BSC in

uniting senior leaders in the ambition for a flourishing, optimistic Scotland.

Over the last few years BSC has supported a number of initiatives in North Glasgow including summer activities for local schoolchildren, Possilpark Winter Festival and the Glasgow University Activate course, delivered in partnership with ng homes.

Gillian Russell commented, “As active members of the community, we know that you are best placed to tell us what your community needs and we are keen to hear your views.”

Feedback from participants and Board Members on the effectiveness of the programme has been very positive, with Ms. Russell adding, “It was a great morning and our

Board Members were buzzing with enthusiasm afterwards”

“These events highlight that community development isn’t all about money and that it’s possible to make meaningful change through drawing on the skills and experience of the people who make up the community.”

The range of organisations attending the Community Networking Breakfast is increasing and no two meetings are ever the same. If you would like to come along and hear about other projects and meet other organisations in the North of Glasgow or tell us about your project please contact Simon Farrelly, Community Support Officer, on 0141 560 6000 or sfarrelly@nghomes.net



Barry Docherty, founder of CharacterMatters speaking at our recent Community Networking Breakfast event in Saracen House



John Devine, ng homes Director of Regeneration with partners, delegates, volunteers and staff at our recent Community Networking Breakfast event in Saracen House

## Eat right with North Glasgow Community Food Initiative

**The North Glasgow Community Food Initiative works closely with community members and groups to empower them to lead healthier lives by delivering practical and sustainable food related activities that improve health and well-being.**

“We create a single Project with access to the whole fresh good food circle – growing, cooking, choosing, accessing and enjoying fresh food – we call it our Food Hub. We currently have three very active food hubs at Springburn, Milton and Royston.

Our “Fruit Barras” sell fresh, affordable fruit and vegetables in a range of accessible venues with sessions staffed by volunteers. Volunteers are at the heart of everything we do, and are involved in all aspects of our organisation. All of our dedicated volunteers receive training including food handling and food hygiene.

We also support community members to learn to grow their own fruit and veg. We have a vibrant Community Garden

at Milton, Allotments at Springburn and Hamiltonhill, as well as growing spaces and raised beds in Milton and Royston.

In addition, we run Cooking Classes and Royal Environmental Health Institute of Scotland Accredited courses. Groups learn how to cook healthy meals. Classes are fun, using simple yet tasty recipes. We run classes for men and women, and for people of all ages, cultures and backgrounds.

Our community cooks will make the activities fun and the food tasty. We supply all the equipment and ingredients and there is always time to taste the food. We host “get-togethers”, pop-up cafés and community meals where participants make something tasty for their friends and family.”

Where we can’t deliver all the elements, we look for partners and promote their opportunities alongside our own. We’re proud of the North Glasgow community, and of our ongoing partnership with ng homes.



[www.ngcfi.org.uk](http://www.ngcfi.org.uk)  
 0141 558 2500  
[Springburn@ngcfi.org.uk](mailto:Springburn@ngcfi.org.uk)

Monday	Blochairn Housing Association	14:00 - 15:45pm
Tuesday	St Rollox Church	10:30 - 12:00pm
	Elmvale Primary School	15:00 - 15:30pm
Wednesday	Milton Community Garden	10:00 - 12:00pm
	Maryhill Health Centre	10:15 - 12:00pm
Thursday	Spire View & Copperworks Housing Offices	10:00 - 12:00pm
	Bright Street Common Room	12:30 - 13:30pm



# Interested in becoming a Board member? Speak to ng homes' Chair, John Fury

## Why should someone look to join the Board?

When I joined the Board some 15 years ago the sense of doing something for the community and using what little expertise I had was very rewarding and fulfilling, "giving something back" if you like, and I still feel the same today.

## What can the Board offer ng homes and North Glasgow as a whole?

The Board is the governing body of ng homes and decides mainly on Planning & Strategy plus Investment and Governance Matters. In North Glasgow as a whole our aim is not only to provide a good home for our tenants but to work hard to improve the area and create a community that we're proud of. You will see many examples of this in this newsletter, where improving the lives of people is, as well as improving the area, are very much to the fore.

## What kind of people are you looking for to join the Board?

We are looking for people from as many diverse backgrounds as possible, e.g. ethnic minorities, the young, local professional people, and interested tenants etc. The main thing is that they are keen and motivated, indeed, local people would be surprised just how much local knowledge they have and just how much input they could make to the Board.

## How does someone go about applying to join the Board?

Joining the Board is really quite simple – first you have to become a member of the Organisation (this costs £1), then fill in a nomination form signed by two nominees, 3 or 4 weeks before the A.G.M, where the elections are held annually. Providing a brief C.V. would be of help. Anyone interested can call in to the office, where we would only be too happy to help.

## What would you say to someone who is interested in joining the Board?

To anyone interested in joining the Board I would simply say that they will find that the voluntary work for the community is very rewarding, meaningful and fulfilling.



John Fury, Chairperson, ng homes

## What has the Board been up to?

An in-depth survey of our stock (5,500 houses) is almost complete and this will inform the Board on where to invest next. This, alongside the expertise of our excellent staff, will help us allocate monies to where it is needed most as it is important for us to invest in the upkeep of our properties. The Board have also recently completed our annual committee appraisals which allows us to identify any training needs to brush up on our skills. The committee have also completed three training events since the turn of the year - Financial Risk, Business Planning and Health and Safety.

# ng homes Board Member Recognised as a Community Champion

## A member of ng homes' board was recently recognised by Partick Thistle Football Club as a Community Champion for his ongoing dedication to the North Glasgow community.

Richard Porter has been a Board Member at ng homes for the last five years, and having seen his commitment, passion, energy and contribution only grow over the years, ng homes were delighted to both nominate Richard and see him achieve the award at Firhill before the Partick Thistle v Rangers Scottish Premier League match on 7th May.

The Partick Thistle Community Champion Award, in partnership with McDonald's Maryhill and part of the Partick Thistle Community Trust, recognises people who do exceptional work in their communities.

Pauline Graham, Chair of the Partick Thistle Community Trust, knows just how important the influence of people like Richard is:

"In association with our partners, PTFC and McDonalds Maryhill, we were delighted to honour Richard Porter, who was nominated by ng homes. Richard's community work is exemplary and he is exactly the type of unsung hero that we want to publicly honour through the Community Champion Initiative."

Richard is a massive supporter of community choices, which aims to put the power back into the hands of local young people to make decisions and influence changes in their area.

His work to represent parents in his children's school has also been of huge benefit to ng homes ongoing commitment to regeneration in North Glasgow, and he is dedicated to the effective governance of ng homes.

Richard said, "I am passionate that people of North Glasgow have a voice, in their local community also across the city and indeed at Scottish level. I am a firm believer that everyone should have a voice and should support the community in any way they can."

ng homes' Chairperson John Fury commented, "It has been a pleasure to have worked with Richard for the last five years, and we're excited to see what we can achieve together in the next five. Well done Richard!"

ng homes Board Member Richard Porter receives his award from Partick Thistle Managing Director Ian Maxwell





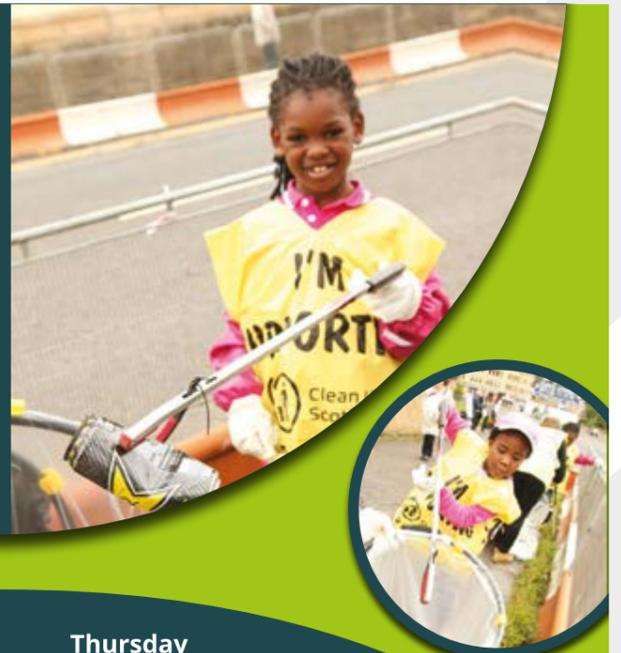
# MULTICULTURAL EMPOWERMENT PROGRAMME 2017

## Tuesday 08 August 2017 North Glasgow Communities Clean-up

**Venue:** NG Homes, Ron Davey Enterprise Centre,  
10 Vulcan Street, G21 4BP  
**Time:** 11.00 am – 2.00 pm

FREE community event, among his annual summer event to make our area to be attractive to the community and create a play spaces for our children, young people and adults.

The event is free and open to everyone in the community. This event also is delivered in partnership with NG Homes, Keep Scotland Beautiful, The Wise Group, Glasgow City Council and Police Scotland.



## Saturday 05 August 2017 Community Sport Event

**Venue:** Peugeot Ashfield Stadium, Saracen Park,  
404 Hawthorn St, Possilpark, Glasgow, G22 6RU  
**Time:** 9.00 am – 4.00 pm

FREE community sport event to bring people together and to close existing barriers in our community. Open to everyone in the community, this event is delivered in partnership with NG Homes, Glasgow Tigers Speedway, Glasgow Science Centre, Police Scotland and Fire and Rescue Services.

**Activities include:** Football tournament, bouncy castles, face painting, dingo, Afro dishes, Afro dresses, African music, African products, delicious Caribbean & African cuisine, music, arts & crafts, fun games, children's African fashion show & much more!

## Monday 07 August 2017 African Challenge Scotland Jobs Fair 2017

**Venue:** NG Homes, Saracen House, 139 Saracen Street,  
Possilpark, Glasgow, G22 5AZ  
**Time:** 3.00 pm – 6.00 pm

Annual summer event to improve the employability of ethnic minorities in Glasgow and close existing gaps in our community. The event is free, open to everyone and is delivered in partnership with NG Homes, Skills Development Scotland, Police Scotland, Fire and Rescue Service, The Prince's Trust Scotland and the University of Strathclyde.

## Wednesday 09 August 2017 Multicultural Music Festival

**Venue:** Springburn Park, Glasgow, G21 3AH  
**Time:** 11.30 am – 6.00 pm

FREE community event featuring African drumming, Scottish bagpipes, Afghan and Indian musicians and a performance by the local Chinese and African communities.

The event is open to everyone in the community. Delivered in partnership with NG Homes, Chinese Community, Afghan Community, Glasgow City Council, Police Scotland and Fire and Rescue Services.

## Thursday 10 August 2017 People Powered Prevention in partnership with Social Service Glasgow

**Venue:** 139 Saracen Street, Saracen House,  
Possilpark, Glasgow, G22 5AZ  
**Time:** 1.00 pm – 3.00 pm  
**Format:** Short presentation & interactive discussion.

African Challenge Scotland working at the grassroots levels are best suited to deal with vulnerable and ethnic minority groups in Glasgow and wider Scotland.

African Challenge Scotland has put in place an empowerment workshop in partnership with the Social Service in Glasgow to help these people to lead a decent life. Also, the involvement of local community leaders and volunteers reinforce the sustainability of the programme.

This event provides an excellent opportunity for participants to considered a career as a registered carer with Social Services in Glasgow.



## Thursday 10 August 2017 African and Ethnic Minorities Cultural Day and Filming

**Venue:** NG Homes, Saracen House, 139 Saracen St.  
Possilpark, Glasgow, G22 5AZ  
**Time:** 3.00 pm – 6.00 pm

African Challenge Scotland has established itself as a major annual event within the Scottish cultural and sporting calendars, whilst also maintaining an international profile as one of the leading African and Ethnic Minorities platforms to facilitate the integration of ethnic minorities in Scotland. FREE screening of Hear Me Move (2015), a South African film about dance. FREE African food, watch African clothes being made at the event. BodyVision exhibit session and more. This event is delivered in partnership with NG Homes, Glasgow Science Centre, Project X and Glasgow Life.



## Friday 11 August 2017 African and Ethnic Minorities Children and Youth Sport day

**Venue:** Springburn Sport Centre,  
10 Kay Street, North Glasgow, G21 1JY  
**Time:** 3.00 pm – 6.00 pm

African Challenge Scotland is organising a free Children and youth community sport event in partnership with ng homes and local organisation.

**Activities:** Table tennis, Face painting, Handball, Bouncy castles, African Music, African Products, Badminton, Judo, Wrestling, information stalls, refreshment and much more.

## Saturday 12 August 2017 Evening Gala Celebration

**Venue:** Radisson Blu Glasgow,  
301 Argyle St, Glasgow G2 8DL  
**Time:** 7pm – Midnight

The African Challenge Scotland annual awards programme held to identify recognise and reward organisations and individuals doing exceptional work in facilitating the integration of ethnic minorities in Scotland. **This event is by invitation only.**

**For more information  
please contact us:**

### African Challenge Scotland

151 Balgrayhill Road, Glasgow, G21 3AN

Registered Scottish Charity Number SC046055

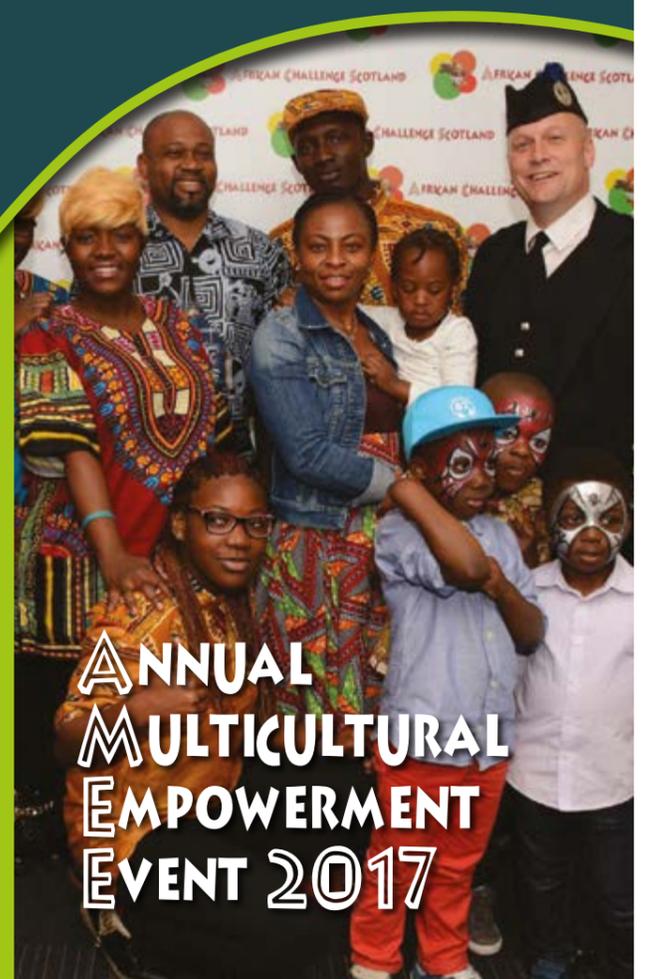
**Tel:** 07958 062 528

**Email:** africanchallengescotland@yahoo.co.uk

**Activities:** Ethnic Minorities Performances & Awards

### Supported and Partnered by:

Big Lottery Scotland | NG Group | WSREC  
 CMS Window Systems | Awards for All | Police Scotland  
 Glasgow Tigers Speedway | Glasgow City Council  
 Glasgow Science Centre | Glasgow Life | TSB Bank  
 Fire and Rescue Services | Keep Scotland Beautiful  
 The Prince's Trust Scotland | Project X



# ANNUAL MULTICULTURAL EMPOWERMENT EVENT 2017





# Summer Programme (Multi Sports)

**Activities such as; Football, athletics, rugby, golf, tennis and much more....**

**Venue: Peugeot Ashfield Stadium**

**Dates: Tuesdays 11, 18, 25 July & 1 August  
Thursdays 13, 20, 27 July & 3 August**

**Time: 1pm - 3pm**

**Ages: 5-12 years**

**Cost: Sessions are free**

**Staff: Qualified and PVG checked coaches**

**Sessions are free! Children must have completed and returned a parental consent form in order to participate. If you are interested, please get in touch with Robert Docherty at the email address provided.**

**For further information email:  
[rdocherty@nghomes.net](mailto:rdocherty@nghomes.net)**

**Places are limited and are on a first come first served basis!**





# Glasgow Caledonian University provide unique opportunities to our homes tenants

**Our homes work closely with Glasgow Caledonian University to help deliver opportunities to our tenants and people across North Glasgow. Here, the University discusses its Centre for Climate Justice and the opportunities it presents.**

The centre for Climate Justice at Glasgow Caledonian University takes a global lead in the delivery of high quality policy research in the area of climate justice.

Director of the Centre for Climate Justice, Professor Tahseen Jafry leads a team of dedicated research staff working on key climate justice themes in Glasgow and in partner institutions. Her career spans 20 years, primarily undertaking research for development for global organisations and gaining field experience in over 14 countries across the world.

Qualified as both an engineer and a social scientist, Professor Jafry has accumulated extensive insights into natural resource management, gender and agricultural development and now in climate justice.

## Core Activities of the Centre

Created in collaboration with the Mary Robinson Foundation for Climate Justice,

the Centre has compiled a globally unique knowledge base which contains a collection of over 1,000 peer reviewed academic papers which were evaluated in the field of climate justice.

## Other projects within the Centre include;

### Scotland Lights up Malawi

600 million people in Africa have no access to electricity. The Light up Malawi project is funded by the Scottish Government and looked at determining and understanding the impact of the adoption and uptake of solar lights on people, society and the environment in Malawi.

### Water for ALL Project

The Water for ALL project, funded by the Scottish Government, was set up to improve access to water among the poorest and most vulnerable groups in Malawi and Zambia.

**Find out more about the work of the Centre for Climate Justice at [www.gcu.ac.uk/climatejustice](http://www.gcu.ac.uk/climatejustice)**

Professor Jafry is one of the leading experts in Climate Justice



Light up Malawi lights the faces of these children



Kids use a well to get water in Malawi

## Study for a Masters Degree in Climate Justice

**C**limate Justice is becoming an increasingly important topic and is expected to grow in relevance as climate issues have more global impact, requiring domestic and international policy making to focus on values, ethics and justice. Glasgow Caledonian University (GCU) has responded to the requirements of the modern climate justice professional with the launch of a unique MSc Climate Justice programme.

The MSc Climate Justice develops in-depth understanding, analysis and knowledge about the principles of climate justice: human rights, development and climate change. The programme is tailored to provide a practical angle to climate justice to allow students to graduate with a Masters Degree which provides them with skills, approaches and methodologies for addressing climate justice in their future work plans.

To help you with funding your studies GCU offer a range of scholarships and The Student Awards Agency for Scotland offer loans to help with your fees and living costs.

To find out more about the MSc Climate Justice contact GCU on [studentenquiries@gcu.ac.uk](mailto:studentenquiries@gcu.ac.uk) or call 0141 331 8630

## Connecting Communities to Deliver Climate Justice – PhD Opportunity at GCU

**O**ur changing climate presents significant challenges and threats to people, society and the environment. To meet some of these challenges we need to identify and develop the right approaches to minimise these impacts. This means trying to understand what is 'going on' in communities and how people are responding to and dealing with climate change in their daily lives. Engaging with communities is the key to unleashing new knowledge, ideas and thoughts. Part of this conversation is looking at climate injustice. It is an approach that bridges the gap between climate change science and issues of social justice, such as matters of equity and rights for the most vulnerable people.

This PhD is about connecting communities to deliver climate justice in North Glasgow and a locality in China. It could focus on various themes; food growing, energy conservation, reducing carbon emissions and waste saving strategies.

Who we are looking for:

- A graduate student with a Masters degree preferably in Energy and Environmental Studies, Geography, Social Sciences.
- Fluent in Chinese or Mandarin.
- Ability to travel to China and carry out field work.
- Has the appropriate legal right to remain in the UK.
- Good academic, writing and analytical skills.
- Is a critical thinker and good communicator.

**To find out more about the PhD opportunity contact GCU on [studentenquiries@gcu.ac.uk](mailto:studentenquiries@gcu.ac.uk) or call 0141 331 8630**



# Getting older doesn't mean staying in – ask Jim McCallum

**T**he older we get, the harder we can find it to get out and about. Our bodies don't work quite like they used to! That doesn't mean we shouldn't try. As we get older, getting out, speaking to people and joining in with the community is one of the keys to a longer, happier life.

Don't just take our word for it, you can ask 75-year-old Jim McCallum, a regular at some of our community events and initiatives;

"I would say to people of my own age, get yourself out and about as much as you can. Staying in the house won't help you if you've got any illnesses. If you can get out, get out, if you stay in the house it'll only make you worse.

Jim has lived in Springburn's Carron Crescent for the last 13 years and is involved with a number of clubs within the community, including Alive and Kicking, the Inner Circle and the Tiger's Den. He also joins in on a range of other activities including Song, Shimmy and Come Dine With Me. Govan born Jim might be in his 70s, but he recognises just how important the clubs are when it comes to keeping fit, and it's not just about staying active physically.

"Basically it's because I've retired now, and I find myself having a lot of time on my hands, and

I find that these clubs help me a lot mentally and physically, because I play carpet bowls in the two clubs.

The great thing about coming to the events is communicating with other people no matter what age they be and it makes my day to see a friendly face and talk more."

Jim regularly encourages older friends to come along to the clubs and has seen the Inner Circle Men's Group at Possilpoint Community Centre grow from 3 or 4 eager faces to over 30, and there's still plenty room for more.

"Most of the people who come along are 50+. People can come along and participate in the bowling, and we also play pool, that's even something that's good for young people. Gillian and the people who run this place also talk to us about various things, how we save our money and that."

Jim's got one more piece of advice for everyone in the community too – "Get out and about and get in amongst the community, say hello to people, talk to people, see how they're getting on, find out if you can help them."

Chipper as ever at 75, that same advice seems to be serving Jim well!



Jim McCallum enjoys a cooking workshop

## ABBIEFIELD HOUSE SPRINGBURN

**T**he Abbeyfield Glasgow Society Ltd was established in 1961 with the purpose of providing support and accommodation for the elderly, coupled with companionship and improving the quality of everyday life. Abbeyfield House, Springburn is a purpose-built care home which opened in March 2002 and provides enhanced residential care for 20 residents. Care is provided by our trained staff who have considerable experience in the care sector and we pride ourselves in the homely, informal atmosphere and the quality of care provided.

### VOLUNTEER OPPORTUNITIES

Abbeyfield House Springburn is administered by an executive committee consisting of retired individuals with business, professional and health service management expertise. The committee are keen to recruit more volunteers with similar or relevant expertise and we feel sure that providing your service and experience would be rewarding and would not involve more than a few hours a month.

Please feel free to get in touch with us either by phoning the home manager on 0141 557 5880 or contacting a committee member via

the Chairman of the Society at Abbeyfield House, 51 Reidhouse Street, Glasgow G21 4LS or email [abbeyfield.springburn@btconnect.com](mailto:abbeyfield.springburn@btconnect.com)

We look forward to hearing from you. The Abbeyfield Glasgow Society Ltd, Registered Charity No, SC005661





# Day in the life – Stuart Cameron, ng homes Health and Safety Officer

**Normally, I wake up at 6 o'clock and make sure I'm in the gym for around half six, but after my partner and I recently had a baby, I've been getting up at half five, unreluctantly might I add! I wouldn't change it for the world, never mind a long lie. Even if I don't make it to the gym, I'll leave to get into the Springburn office for around half past eight.**

The first thing I do is open my emails to see if anyone has reported any accidents, incidents or anything else health and safety related such as near misses.

If all is well and good, I get on with my health and safety workplan. This looks at risk assessments, method statements, toolbox talks, updating staff and a whole host of other health and safety requirements. That includes working with staff and making sure necessary reports and assessments have been done. I'm constantly updating the workplan as it changes every quarter.

I then move on with my work on the Display Screen Equipment assessments, putting them onto the system and updating them as per the legal requirement. I'll then do a bit of spot checking, where I go out during the day to one or two areas and make sure that the health and safety of our staff and tenants is being protected.

If I get the chance, I'll then visit the Springburn Shopping Centre to get some lunch, stretch my legs and get a bit of time to myself.

After lunch I'll work on developing a training course for ng homes staff on health and safety. A session I was working on recently was for the Board. When I deliver training I need to make sure the participants have the appropriate information about their responsibilities. I also highlight the impact of good interaction between the Board, senior managers and employees when it

comes to health and safety, which can help increase productivity within an organisation, and more importantly, keep people safe.

I work on the Safety Observation Reports - collating information from events that happen from within the organisation in a health and safety context to see if there's anything I can do to make it safer or better. I spend a lot of time working with new starts and arranging their health and safety training, advising them on everything from the Health and Safety at Work Act 1974, manual handling and ng homes' and ng2's own health and safety control manual.

Then I reflect on the day just passed and try putting everything onto the system so it's in one place! I also keep my phone nearby just in case any incidents appear throughout the day and I'm needed to carry out an accident investigation. I also attend Board meetings, executive team meetings and other management meetings to discuss health and safety and ensure it's at the top of the company's agenda.

Then when all's said and done, I head home at half five, get home for quarter past six, and I'm right back out again to play football! I go to football training or five-a-sides three times a week. After I'm back home, I help feed the baby and put him to bed, then relax before I need to get up, and my day starts all over again..."



Stuart Cameron, ng homes' Health and Safety Officer

## Q&A – Geri Anderson, ng homes Senior Housing Officer

**Firstly, tell us a bit about yourself and your role at ng homes...**

My name is Geri Anderson and I am a Senior Housing Officer within the Multi-Storey Flats team. I cover the Balgrayhill, Hawthorn, Carron, Edgefauld and Croftbank Street areas overseeing the Housing Officers and assisting with Concierge.

**How long have you worked for the Association?**

I joined ng homes as part of the GHA stock transfer which took place on 31 March 2011 and my service goes back until January 2000.

**What's it like working for ng homes?**

I really like my role and find that working with ng homes you are able

to put forward ideas on how best to carry out your job. It could be about changing how you want to do things or about your workload, if you put a good case forward for change and evaluate the different options then the managers listen to and support the staff.

On a personal level, I also feel that ng homes management are very fair and have been great with me when I had personal issues. The managers were always on hand with support and still continue to ensure that I am doing okay. They are very approachable and help is available if I ever require it.

**What's your best memory of your time here?**

I'm not really sure of my best memory but I do enjoy my work and hate being off, you may read this and think 'really' but I do!! I love my role

and every day is different, the staff are great and it is like a big extended family where everyone looks out for each other which I think is how all organisations should be.

**If you could summarise what you do in three words, which would you use?**

Hard, pressure, laughter

**What's your favourite film?**

Con Air and Face/Off – sorry couldn't pick just one

**What's your favourite meal?**

Lamb Chops, well done!!



Geri Anderson, Senior Housing Officer



# ng homes Regeneration Activities and Events

## Weekly Activities: July/September 2017

Activity	Venue	Date and time	Contact	Other
Little Rascals (Link Up)	Possilpoint Community Centre	Mondays, Thursdays and Fridays 9.30-11.00am	Gillian Halliday, ghalliday@ngworks.com	New parents welcome
Metafit Ruchill (Exercise class)	Ruchill Community Centre	Mondays 6.30-7.30pm	Alistair Mitchell, amitchell@nghomes.net	<a href="https://www.facebook.com/connecting">https://www.facebook.com/connecting</a>
Metafit Possilpark (Exercise class)	Bardowie Street Gospel Hall	Wednesdays 6-6.30 pm	Alistair Mitchell, amitchell@nghomes.net	<a href="https://www.facebook.com/MetafitPossil">https://www.facebook.com/MetafitPossil</a>
Chancers (Link Up)	Possilpoint Community Centre	Wednesdays 9.30am-2.30pm	Gillian Halliday, ghalliday@ngworks.com	All welcome. Variety of activities
Inner Circle Men's Group (Link Up)	Possilpoint Community Centre	Mondays: 2-4pm Thursdays: 12-3pm	Gillian Halliday, ghalliday@ngworks.com	New welcome members
Wednesday Social Event	Possilpark Parish Church, Saracen Street	Postponed for July, restarts 9th August, 10am-2pm	Michael Kam, mkam@nghomes.net	Tai Chi Lunch Variety of activities For more details contact a member of the Regeneration Team
Oriental Gym Exercise	Tron St Mary's Red Road Barmulloch	Fridays 10-12	Michael Kam, mkam@nghomes.net	Oriental Gym Exercise Activities
Row for Shore (Link Up)	Possilpoint Community Centre	Fridays 9.30-11.30am	Gillian Halliday, ghalliday@ngworks.com	All age groups. New people welcome

## Monthly Activities: July/September 2017

Activity	Venue	Date and time	Contact	Other
Community Networking Breakfast	Saracen House	Fridays 10-12 11th August 8th September (venue change)	Simon Farrelly, sfarrelly@nghomes.net	Open to all
Neighbours Monthly Meal (Thriving Places)	Bardowie Street Gospel Hall	Tuesdays: 6pm 25th April 23rd May 27th June	Alistair Mitchell, amitchell@nghomes.net	<a href="http://www.facebook.com/possilruchillmeals">www.facebook.com/possilruchillmeals</a> All ages welcome
Song, Shimmy	Petershill Club	Fridays 1-4pm 28 July 25th August 29th September	Joan Shepherd, jshepherd@nghomes.net	Older adults - New people welcome. Contact Regeneration Dept for info.
Welcome to the Community Event	Saracen House	Thursday 14th September 12-2pm	Margaret Fraser, mfraser@nghomes.net	Open to new and existing residents
Possilpark Gala Day	Allied Vehicles Carpark, Hawthorn Street	Sunday 13th August, 12-4pm	Ann Lawrence, Young People's Futures, ann@youngpeoplesfutures.org.uk	Open to all

